



# Panther Weekly Bulletin

## Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Biscuit &amp; Gravy</b>	<b>Pancakes Sausage</b>	<b>Muffin Yogurt</b>	<b>Breakfast Pizza</b>	<b>Donut Yogurt</b>

## Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Salisbury Steak Mashed Potatoes/ Gravy Corn Biscuit</b>	<b>Chefs Choice</b>	<b>Sloppy Nachos Refried Beans</b>	<b>Steak /Chicken Rice Bowls Broccoli Black Beans</b>	<b>Pork Tenderloin/Bun Baked Beans Sun Chips</b>

# Happening this week at PHS

**Monday, September 30th**– Golf @ Grandpa's Woods 10:00 am Van leaves @ 9:00 am, Cross Country @ Kearney Country Club 3:00 pm Bus leaves @ 10:30 am, JH Football vs. Falls City @ Olson Complex 4:00 pm **Streaming on PHS HUDL TV**, JV Football vs. Falls City @ Olson Complex 6:00 pm **Streaming on PHS HUDL TV**, C-Team & JV Volleyball @ Nebraska City 5:00/6:00 pm Bus leaves @ 3:45 pm **Streaming on Neb. City HUDL TV**, Homecoming Theme Rhyme without reason (ex. Fanta/Santa)

**Tuesday, October 1st**– HS Volleyball @ Elmwood Murdock 5:00 & 7:00 pm Bus leaves @ 3:45 pm, Freshmen to Youth Frontiers Retreat @ Kimmel Center 9:00 am Bus 1 leaves @ 7:55 am Bus 2 leaves @ 8:20 am, Cross Country Practice 3:45-5:20 pm, **Homecoming Theme Pink Out!**

**Wednesday, October 2nd**– Show Choir 6:45 am, FFA Land Judging @ Tecumseh Bus leaves @ 7:45 am, 8th grade to S.A.I.L. Conference @ Syracuse 9:00 am Bus leaves @ 8:15 am, Cross Country Practice 3:45-5:20 pm, **Homecoming theme Camo vs. Animal Print**, Open House @ Bennet Elementary 5:00-6:30 pm See attached flyer

**Thursday, October 3rd**– Golf vs. Hidden Valley 9:00 am Van leaves @ 8:00 am, Cross Country @ Branched Oak 10:00 am Bus leaves 7:30 am, HS Volleyball @ Freeman 6:00 & 7:00 pm Bus leaves @ 4:15 pm, **Homecoming Theme Jersey Day!**

**Friday, October 4th**– Show Choir 6:45 am, HS Quiz Bowl 7:30 am, Pep Rally @ PHS 2:45 pm, Cross Country Practice 3:45-5:20 pm, HS Football vs. Raymond Central 7:00 pm @ Olson Complex **Streaming on PHS HUDL TV**, Bob Kempkes Flag Pole Dedication @ Halftime, Homecoming Coronation after the game, **Homecoming Theme SPIRIT DAY!**

Open House @ PHS 5:00-6:30 pm See attached flyer



**Saturday, October 5th– JV Volleyball @ Syracuse 8:30 am  
Bus leaves @ 7:30 am, JH Volleyball @ Lincoln Christian  
9:00 am Bus leaves @ 7:45 am, Homecoming Dance PHS  
Commons 8:00-11:00 pm Pictures will start @ 7:30 pm,  
FFA Harvest Lunch @ Palmyra Co-op**

## **UPCOMING EVENTS**

**Monday, October 7th– FCCLA Pie Sale, JH Football @ Ol-  
son Complex, Golf District, JV Football @ Olson Complex,  
HS Volleyball @ Crete**

**Tuesday, October 8th– Cross Country ECNC, JH Volleyball  
@ PHS, HS Volleyball @ PHS**

**Wednesday, October 9th– Show Choir 6:45 am, FCCLA  
Chapter Meeting 7:45 am, Bluez Marching Contest**

**Thursday, October 10th– HS Volleyball Away**

**Friday, October 11th– Show Choir 6:45 am, HS Quiz Bowl  
7:30 am, HS Football @ Lincoln Lutheran**

**Saturday, October 12th– Elkhorn Sounds of Excellence  
Marching Festival, JH Volleyball Tournament @ Archbishop  
Bergan**

# **GO PANTHERS!**

# Bennet Elementary - District OR-1

(402) 782-3535

50 Dogwood St, Bennet, NE 68317



## Newsletter - September 27th, 2024

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Arrival 7:55-8:25

Dismissal 3:20

Early Dismissal Days 1:00

### Principal's Update

Bennet Elementary Families,

Thank you very much for the fantastic support and attendance of parent/ teacher conferences. I enjoyed getting to meet more of the families and have the opportunity to chat with you during conference night. Please continue to reach out to your child's teacher with any questions or concerns that may arise between now and the next conferences in the winter time.

As the weather begins to turn, I ask that students are aware of the weather for the day and weeks and are sent with appropriate clothing as we get ready for the colder temperatures to arrive.

Lastly, this upcoming week is Homecoming for Palmyra High School and Bennet Elementary. Please see below the dress up days for Bennet Elementary. If you have a high school student, please note that some days were changed to better fit the elementary age students.

Sincerely,

Jared Haag  
Bennet Elementary Principal

### Upcoming Events

- Sep. 30th-Oct. 4th - Homecoming Week Dress Up Days
  - Monday- Hat Day
  - Tuesday- Neon Day
  - Wednesday- Pajama Day
  - Thursday- Jersey Day
  - Friday- Panther Pride Day
- Oct. 2nd - Bennet Elementary Community Open House- 5-6:30
- Oct. 8th- Bennet Boosters Meeting - 7:00 at Bennet Elementary
- Oct. 17th, 18th, 21st - No School (Fall Break)



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## ☀️ Panther Paw Winners ☀️



SAFE  
RESPECTFUL  
RESPONSIBLE



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## PALMYRA YOUTH WRESTLING CLUB

### REGISTRATION NOW OPEN!

Join the Palmyra Youth Wrestling Club for our 2024-2025 season and prepare for action, excitement, and a whole lot of fun!

**SCAN TO SIGN UP**



### DETAILS:

Registration is open for all kids in grades K-8<sup>th</sup>.

As of now practices will be held on Monday, Wednesday and Thursday each week with our first practice starting **October 22<sup>nd</sup>**. All practices will be held at Palmyra High School in the NEW wrestling room!

The season will begin in November and continue into March. Most of the local wrestling tournaments are held on Sundays and it is optional to enter into them.

All kids wrestling in the room must have a NEUSA Wrestling Membership. These can be purchased for \$18-52 depending on the level of coverage you select.  
<https://www.usawmembership.com>

Kids will be paired with other wrestlers matching their age, weight, and skill level as best we can.

### **COST = \$150**

NEW this year, the club will cover two tournament entry fees. Singlets can be purchased or you can rent a singlet for the season from the club. More information to come on gear purchases. Additional equipment needed includes wrestling shoes with headgear being optional.

### WHY WRESTLING?

- Teaches discipline & teamwork
- Builds community & friendship
- Boosts strength & flexibility both physically and mentally
- Competitive edge on/off mat

Questions: Please contact Trever Dunkin 402-643-5028 or Kristi Dunkin 402-430-2498



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## Standard Response Protocol

Bennet Elementary's adoption of the Standard Response Protocol (SRP) provides a standardized approach to managing various events, both threatening and non-threatening, that may happen in or around our school.

These protocols provide actions for the following situations:

- Lockout (danger is outside the school)
- Lockdown (danger is inside the school)
- Evacuate (leave the school building, such as a fire)
- Shelter (tornado or severe weather)
- Hold (stay in classrooms due to a non-threatening event outside the classroom)

## IN AN EMERGENCY TAKE ACTION



### **HOLD! In your room or area. Clear the halls.**

#### **OCCUPANTS**

Clear the hallways and remain in room or area until the "All Clear" is announced  
Do business as usual

#### **STAFF**

Close and lock door  
Account for occupants and staff  
Do business as usual



### **SECURE! Get inside. Lock outside doors.**

#### **OCCUPANTS**

Return inside  
Do business as usual

#### **STAFF**

Bring everyone indoors  
Lock outside doors  
Increase situational awareness  
Account for occupants and staff  
Do business as usual



### **LOCKDOWN! Locks, lights, out of sight.**

#### **OCCUPANTS**

Move away from sight  
Maintain silence  
Do not open the door  
Prepare to evade or defend

#### **STAFF**

Lock interior doors  
Turn out the lights  
Move away from sight  
Do not open the door  
Maintain silence  
Account for occupants and staff  
Prepare to evade or defend



### **EVACUATE! (A location may be specified)**

#### **OCCUPANTS**

Evacuate to specified location  
Bring your phone  
Instructions may be provided about retaining or leaving belongings

#### **STAFF**

Lead evacuation to specified location  
Account for occupants and staff  
Notify if missing, extra or injured people



### **SHELTER! Hazard and safety strategy.**

#### **OCCUPANTS**

Use appropriate safety strategy for the hazard

<b>Hazard</b>	<b>Safety Strategy</b>
Tornado	Evacuate to shelter area
Hazmat	Seal the room
Earthquake	Drop, cover and hold
Tsunami	Get to high ground

#### **STAFF**

Lead safety strategy  
Account for occupants and staff  
Notify if missing, extra or injured people

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## Announcements

### Arrival and Dismissal Procedures

A few reminders that I would like to share to help everyone get in and out quickly:

- Please have students enter and exit your vehicle on the passenger side of your vehicle. The drop off lane is extremely effective and the safety of your student is our priority. By doing this, we can ensure that students are not in zones of traffic and are not in harm's way.
- If you are using the parent drop/pick up lanes, please stay in your vehicles. If you would like to park and walk up, please utilize the parking spaces in the interior of the parent pickup/dropoff lane.
- In the afternoon **only**, Kindergarten parents may utilize the bus drop off lane for pickup for Kindergarten students and older siblings. Grades 1-5 will continue to use the primary pickup/dropoff lane. Teachers have now been assigned zones to help aid in the location of your students to help you get in and out quickly.
- For preschool students, we have begun a student drop-off zone similar to the primary drop-off lane. If you would like to stay in your vehicle, a staff member will assist with getting your student out of the vehicle.

### Arrival Times

Students that are participating in the Rec program can be dropped off starting at 7:00. All other students can arrive no earlier than 7:50 unless they are utilizing school bussing or the Rec Program. School starts at 8:20 and the tardy bell rings at 8:30. Breakfast begins at 7:50 and ends at 8:20.

### PowerSchool

Please check PowerSchool to view grades, missing assignments, and lunch balances. If you need to set up your account, please call Kristi in the office.

### District Calendar

[24-25 District Calendar](#)

### Transportation:

If you have any questions regarding bussing, please contact Cathy Fick at 402-540-2879.



*Come see what we've been up to!*



# COMMUNITY OPEN HOUSE

**Bennet Elementary**

Wednesday, October 2  
5:00pm-6:30pm

**Palmyra High School**

Friday, October 4  
5:00pm-6:30pm



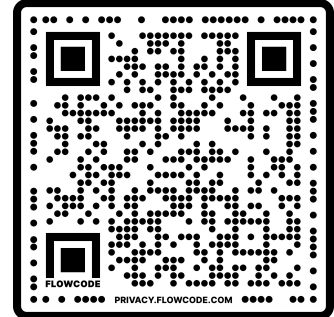
*After you check out the updates at Palmyra High School, be sure to head over to support your panthers at the Homecoming Football Game!*

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