

## Panther Weekly Bulletin

## Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Burrito Breakfast	French Toast	EggStravaganza	Panther Funnel	NO SCHOOL
Wrap	Sticks	Biscuit	Waffle	
Potato	Sausage		Sausage	
Triangle				
	l l			

#### Lunch Menu

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<u>Monday</u>	<b>Tuesday</b>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Parm	Tacos	Goulash	Popcorn Chicken	NO SCHOOL
Buttery Ranch	Black Beans	Green Beans	Mashed Potatoes	
Noodles	Broccoli	Cheese Stuffed	Gravy	
Pease		Breadstick	Corn	
Breadstick			Roll	

## Happening this week at PHS

Saturday, May 3rd- HS ECNC Track @ JCC 10:00 am Bus leaves @ 7:30 am, Unified Track @ JCC 10:00 am Bus TBA

Sunday, May 4th-Palmyra Presbyterian Church 150th Anniversary Banquet @ PHS East Commons Use North Main Entrance, FCA Event 5:30 pm PHS East Commons Use North Main Entrance

Monday, May 5th- ECNC Honor Band, Unified Sports Banquet PHS East Commons 5:30 pm Use North Doors, HS Track Practice 3:45-5:30 pm

Tuesday, May 6th– HS Track @ Freeman 9:00 am Bus leaves @ 6:45 am

Wednesday, May 7th- Show Choir 6:45 am, Senior Breakfast and Graduation Practice, HS Boys Basketball Meeting 3:15 pm Boys 8th-11th grades, Baccalaureate 7:00 pm PHS West Gym, HS Track Practice 3:45-5:30 pm

Thursday, May 8th- Golf @ JCC 9:00 am Van leaves @ 7:30 am, HS Track Practice 3:45-5:30 pm, Open sign up for Band @ Bennet Elementary 5:00-7:00 pm

Friday, May 9th– NO SCHOOL Staff PD, Unified Track @ JCC 10:00 am Bus leaves @ 8:45 am, HS Track @ JCC 10:00 am Bus leaves @7:45 am, JH ECNC Track @ Olson Complex10:00 am

Saturday, May 10th-Graduation 2:00 pm

## UPCOMING EVENTS

Monday, May 12th- ECNC Instrumental Clinic, Golf Vs Lincoln Christian

Tuesday, May 13th-FFA Cornhole Tournament 6:00 pm @ PHS grass football field

Wednesday, May 14th-Show Choir 6:45 am,

Thursday, May 15th-HS District Track

Friday, May 16th-

Saturday, May 17th-

## GO PANTHERS!

(402) 782-3535

50 Dogwood St, Bennet, NE 68317 ostrander.mel@districtor1.net



Arrival 7:55-8:25

Dismissal 3:20

Early Dismissal Days 1:00

## Principal's Update

#### Family - Student Information Form 2025-2026

As we end this school year and begin to prepare for the next, we have gone to a digital format for the student information sheet that your students usually bring home at the end of the year.

Here is a link to the form to complete digitally. You can add all of your kids, PHS or BES to this same form and return it to Jane Powell, **powell.jan@districtor1.net**. Copies will be made and distributed to whichever office needs them, or both if necessary.

#### **Track Day**

Our tentative dates for Track Day 2025 are as follows:

Thursday, May 15th – K-2 Track Day

Location: Olson Sports Complex | Time: 9:00 a.m. – 12:00 p.m.

Students will rotate between the park, the track, and wrap up with a picnic lunch.

Friday, May 16th – 3rd-5th Grade Track Day

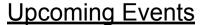
4th & 5th Grade: Morning / 3rd Grade: Afternoon (after lunch)

Teachers will provide more details as we get closer to the event.



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- May 7th, 8th, 12th-4th Grade Homestead Field Trip
- May 9th- No School- Staff Development/ ECNC Track Meet Host
- May 11th- Last Day for AR Tests
- May 14th- 5th Grade Field Trip
- May 14th- Last Day of PreK
- May 15th- K-2 Track Day
- May 16th- 3-5 Track Day
- May 19th- Fifth Grade Graduation- 2:00-3:00 @ Palmyra High School
- May 20th- Last Day of Elementary School



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## **Student Directory Link**

#### Arrival and Dismissal Procedures

A few reminders that I would like to share to help everyone get in and out quickly:

- Please have students enter and exit your vehicle on the passenger side of your vehicle. The drop off lane is extremely effective and the safety of your student is our top priority. By doing this, we can ensure that students are not in zones of traffic and are not in harm's way.
- If you are using the parent drop/pick up lanes, please stay in your vehicles. If you would like to park and walk up, please utilize the parking spaces in the interior of the parent pickup/dropoff lane.
- In the afternoon only, Kindergarten parents may utilize the bus drop off lane for pickup for Kindergarten students and older siblings. Grades 1-5 will continue to use the primary pickup/dropoff lane. Teachers have now been assigned zones to help aid in the location of your students to help you get in and out quickly.
- For preschool students, we have begun a student drop-off zone similar to the primary drop-off lane. If you would like to stay in your vehicle, a staff member will assist with getting your student out of the vehicle.

#### Arrival Times

Students that are participating in the Rec program can be dropped off starting at 7:00. All other students can arrive no earlier than 7:50 unless they are utilizing school busing or the Rec Program. School starts at 8:20 and the tardy bell rings at 8:30. Breakfast begins at 7:50 and ends at 8:20.

#### PowerSchool

Please check PowerSchool to view grades, missing assignments, and lunch balances. If you need to set up your account, please call Melissa in the office.

#### District Calendar

24-25 District Calendar 25-26 District Calendar

### Transportation:

If you have any questions regarding bussing, please contact Cathy Fick at 402-540-2879.

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Our TeamMates chapter has a partnership with Linked2literacy where mentors read with their mentees in grades 3 to 5 to help increase literacy in youth. Books are available to students in a vending machine at the Elementary school as illustrated in the photo to the right.

One way you can help us keep the book vending machine full is through the Lincoln Community Foundation program-Give to Lincoln Day (GTLD), which is available through the month of May. Over 400 nonprofits in Lancaster County are registered with GTLD. Every donation through GTLD is boosted with a share of \$650,000 matching funds through the Lincoln Community Foundation and funds provided by West Gate Bank and many other sponsors.

## Donation Options should you wish to do so:

Online gifts by credit card can be directed to our TeamMates chapter from May 1 to 29 by scanning the QR code to the right.

Checks can be mailed by May 22 to the following address: (Please indicate TeamMates Bennet Elementary on the check memo line.) Lincoln Community Foundation 215 Centennial Mall, Ste 100 Lincoln, NE 68508

https://givetolincoln.com/nonprofits/teammates-m entoring-program-bennet-elementary-school

Thank you for your support of our TeamMates Chapter

Austin Lahmon School Counselor Bennet Elementary lahmon.aus@districtor1.net





#### \*Interested in getting involved with TeamMates?\*

We are always looking for mentors! Just 20-30 minutes a week is all it takes to make a difference in the lives of our youth. We know life happens and every week isn't always possible. Just doing the best you can to be there for youth in our community is wha matters!

We also have an exciting opportunity for new board members to join or local chapters TeamMates board and help continue to drive the future of our chapter. If you are interested in serving on our board that meets a few times a year, please reach out!

If you are interested in either of these opportunities, please contact Austin Lahmon at Bennet Elementary.

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To the Parents of 4th grade students of District OR-1

From Mr. Furrow

Re: Joining the Band Program!

Hello! As we are winding down the 24-25 school year, the beginning band is getting geared up for the 25-26 school year! I wanted to give you some information on the process this year as it is changing from previous years.

May 2 - Mr. Furrow will be bringing the instrument zoo over and with the help of some high school students, your 4th grader will be able to hold and try out various band instruments. They will go home with some recommendations of instruments that they may have some immediate success with based on the testing.

#### Thursday May 8th @ 6 pm in the Bennet Elementary Lunchroom

This will be the display night & where and when you can sign your student up for 5th grade band. Don't worry if you already have family plans that night, you will still get to register your student for the band class. Please make sure the sign up sheet is returned to the school office by Monday May 19th.

July 28-Aug. 1 - 5th grade band camp will happen. This will take place at the high school from 10:45-11:45 and the students will learn skill basics so that we can start playing right at the beginning of the school year. Friday Aug. 1st at 11:30 there will be a showcase of what the students learned! Please enter through the south doors. We will have some 8-12 students there to help out as well.

This is the beginning of creating championship level bands as it is an expectation to compete for state titles in marching band, jazz band, and concert band! We hope you and your student will consider joining the program! If you have any questions, please feel free to reach out via email.

Musically Yours Mr. John Furrow BA; MEd Director of Instrumental Music District OR-1 Schools Furrow.joh@districtor1.net

2024 Class 1 A State Marching Band Champions Palmyra High School



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## Bennet Elementary School Counseling Program

The fourth graders at Bennet Elementary participated in a kindness retreat a few weeks ago put on by Youth Frontiers. We also had high school students present to help engage and provide leadership ideas to our fourth graders. This was such a fun event filled with dancing, singing, learning about empathy and kindness, and having conversations with each other surrounding how they, as students, can help continue to make Bennet Elementary and kind and welcoming place for everybody.

The students and staff LOVED this retreat!!



Austin Lahmon School Counselor Bennet Elementary lahmon.aus@districtor1.net





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## Bulldog Track Pack Youth Meet TDACK & EIEI D

May 3, 2025 @ Auburn High School

1829 Central Ave, Auburn, NE

Join us for an exciting track and field event open to athletes ages 5-12! This is a non-USATF sanctioned meet, open to the public, and designed to provide a fun and competitive experience for all participants.



## **EVENTS**

## \$5 /event

5-6

7-8

9-10

11-12

Long Jump Standing Long Jump Javelin-Mini Javelin Javelin-Mini Javelin Shot Put (2KG) Shot Put (2KG) 100m 50m 100m 200m 200m 400m 400m 800m 1500m 800m 4x100m Relay

Long Jump
High Jump
Javelin- Mini Javelin
Shot Put (6#)
100m
200m
400m
800m
1500m
4x100m Relay
4x400m Relay

Long Jump
High Jump
Javelin- Aero Javelin 300g
Shot Put (6#)
80m Hurdles
100m
200m
400m
800m
1500m
4x100m Relay

4x400m Relay

🏅 REGISTRATION LINK 🏅

https://www.athletic.net/TrackAndField/meet/591805/register

For more information, contact a coach:

Michelle Thompson: chellylthompson@gmail.com

Leah Wehenkel: leah.wehenkel@gmail.com

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10:00 AM

#### LOUISVILLE YOUTH TRACK INVITATIONAL

Saturday, May 31st - 10:00 AM Start

@ Louisville Public School's Track

Pre-Entry by May 25<sup>th</sup> is encouraged. Pre-meet registration from 8:30-9:30 AM.

\*\*ABSOLUTELY NO ENTRIES OR CHANGES ACCEPTED AFTER 9:30 AM on Meet Day\*\*

Meet will be timed by Louisville High School's FAT (Fully Automated Timing) Crew.
Follow @LouisvilleFAT on Twitter for Live Updates.

ENTRY FEE: \$12.00 per event or \$40 for four events (Meet day registration: \$15 per event or \$55 for four

events). Four individual events ONLY per child. \$10 additional relay team entry. Cash or Check made out to 'Louisville Youth Track Club'. Payments & completed registration form can be mailed or dropped off at Louisville High School c/o Kaleb Walker; 202 West 3rd St., Louisville, NE 68037. No refunds. 4 & Under events are FREE. \*\*ALL LYTC athlete entries are free with their initial

G 5-6 Long Jump (East Pit)

club payment & meet day concession help/donations. \*\*

ADMISSION: FREE WILL DONATION TO "LYTC". Concession stand will be available during the day!

AWARDS: Medals to top three finishers in each event. Ribbons to 4th - 6th places.

RELAYS: Relay teams MUST wear the same color. (Batons available)

G 7-8, 11-12 Softball Throw

CANCELLATION POLICY: If meet is cancelled due to weather, we will have a Rain Date of June 1st. Follow

@LouisvilleYTF on Twitter for information regarding the meet, weather, etc.

#### MEET DIRECTORS:

Kaleb Walker; 402-525-8531, kwalker@lpslions.org Micah Kohles; 402-525-9010, mkohlesdvm@gmail.com

#### SCHEDULE OF EVENTS: 1:00 PM G

	G 9-10 Long Jump (East Pit)		G 9-10 Shot Put
	B 7-8, 11-12 Shot Put		G 11-12 High Jump
	B 9-10 High Jump		B 9-10 Softball Throw
			B 11-12 Long Jump (East Pit)
10:45 AM	G 7-8 Long Jump (West Pit)		
	G 9-10 Softball Throw	1:45 PM	G 4&U Long Jump (East Pit)
	G 11-12 Long Jump (East Pit)		B 5-6 Softball Throw
	B 9-10 Shot Put		B 7-8 High Jump
	B 11-12 High Jump		
	0	2:00 PM	Running Events Begin
11:30 AM	G 7-8, 11-12 Shot Put		1600 M Run (ages 9-10, 11-12)
	G 9-10 High Jump		100 M Run (ages 7-8, 5-6, 9-10, 11-12)
	B 7-8, 11-12 Softball Throw		75 M Low Hurdles (ages 9-10, 11-12)
	B 9-10 Long Jump (East Pit)		400 M Run (ages 7-8, 9-10, 11-12)
			50 M Run (ages 4&U, 5-6)
12:15 PM	G 4&U, 5-6 Softball Throw		200 M Run (ages 7-8, 9-10, 11-12)
	G 7-8 High Jump		800 M Run (ages 9-10, 11-12)
	B 5-6 Long Jump (West Pit)		4x100 M Relay (ages 7-8, 9-10, 11-12)
	B 7-8 Long Jump (East Pit)		

\*\*The times & events listed are an estimate as to when each event will start & are subject to change based on registration numbers. When an event finishes, we will roll into the next event even if ahead of schedule. All running events will be separated into age unless there are a limited number of entries in a specific event. However, those individuals will still be running for their specific age group.\*\*

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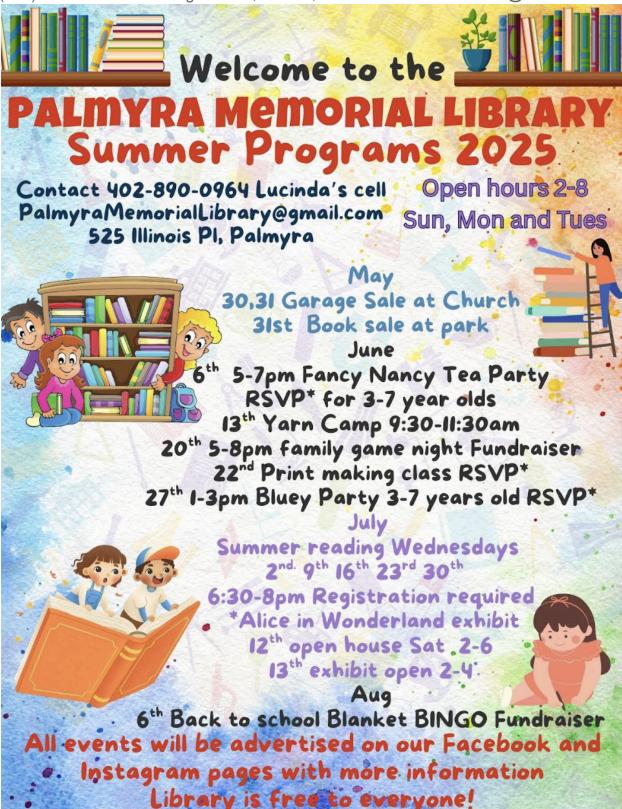


Peru State has shared that the QR Code is not working but you can use this link below to register:

https://baseball.perustatecamps.com/

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## Palmyra Memorial Library 2025

## Summer Reading

## Let a book color your world

Children ages four through eleven are welcome to register. Registration begins May 1st and runs through June 30th You may attend all five sessions or check the session(s) that best fit your schedule. We will meet 6:30-8:00 PM for each session. Check in at the library, except for the July 9th Dress for the mess we will meet at the park, and July 16th magic show we will meet at



the community center. A waiver must be signed for each child. We have listed the dates and sessions below. Registration can be completed by bringing this form to the library, calling the library at 402-780-5344, calling Lucinda's Cell 402-890-0964, by emailing the library at <u>Palmyramemoriallibrary@gmail.com</u> or by sending in Facebook messenger \*Registration is required so that we can plan for each event. We have fun-filled activities and presenters for each night

and presenters for each right.
July 2 – Pop of color! Check in at the library
July 9 -Dress for the mess! (Old clothes) We will meet at the park check and in and out at the west covered picnic area
July 16 – Colorful magic with Jeff Quinn– We will meet at the activities center downtown
July 23- Live action Color! (Color competitions) Check in at the library
July 30 – Blast of color! final party Check in at the library
Regular Library Hours: Sunday, Monday, and Tuesday 2:00-8:00 P.M.
*Save this portion for your records ^^
Return this section vv
We will attend:July 2 <sup>nd</sup> ,July 9 <sup>th</sup> ,July 16 <sup>th</sup> ,July 23 <sup>rd</sup> ,July 30 <sup>th</sup> Summer reading will meet from 6:30-8:00 P.M.
Registration is required so that we can plan for each event. Please list all children from your family that will be attending
Parent's Name        Phone #
E-Mail Address
Child's NameAge
Child'sNameAge
Child's Name Age

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## Standard Response Protocol

Bennet Elementary's adoption of the Standard Response Protocol (SRP) provides a standardized approach to managing various events, both threatening and non-threatening, that may happen in or around our school.

These protocols provide actions for the following situations:

- Lockout (danger is outside the school)
- Lockdown (danger is inside the school)
- Evacuate (leave the school building, such as a fire)
- Shelter (tornado or severe weather)
- Hold (stay in classrooms due to a non-threatening event outside the classroom)

## IN AN EMERGENCY TAKE ACTION



#### HOLD! In your room or area. Clear the halls.

#### **OCCUPANTS**

Clear the hallways and remain in room or Close and lock door area until the "All Clear" is announced Do business as usual

Account for occupants and staff Do business as usual



#### SECURE! Get inside. Lock outside doors.

#### **OCCUPANTS**

Return inside Do business as usual

Bring everyone indoors Lock outside doors Increase situational awareness Account for occupants and staff Do business as usual



## LOCKDOWN! Locks, lights, out of sight.

#### **OCCUPANTS**

Move away from sight Maintain silence Do not open the door Prepare to evade or defend

#### **STAFF**

Lock interior doors Turn out the lights Move away from sight Do not open the door Maintain silence Account for occupants and staff Prepare to evade or defend



## EVACUATE! (A location may be specified)

#### **OCCUPANTS**

Evacuate to specified location Bring your phone Instructions may be provided about retaining or leaving belongings

#### **STAFF**

Lead evacuation to specified location Account for occupants and staff Notify if missing, extra or injured people



## SHELTER! Hazard and safety strategy.

#### **OCCUPANTS**

Use appropriate safety strategy for the hazard

#### Safety Strategy

Tornado Hazmat Seal the room Earthquake Drop, cover and hold

#### **STAFF**

Lead safety strategy Account for occupants and staff Notify if missing, extra or injured people





The Area Ministerial Association, along with its congregations, would like to congratulate you on the upcoming achievement of receiving your high school diploma.

As a member of the Palmyra-Bennet High School senior class of 2025, a special invitation is extended to you, along with your family members and friends to attend the



WEDNESDAY, MAY 7, 7:00PM

# JUNIOR/SENIOR HIGH SCHOOL WEST GYMNASIUM

Refreshments will follow immediately after the service in the commons

# SUMMER WEIGHTS SIGN UP

Start Date: June 2nd

Training Days: 4 days per week (Monday - Thursday)

**Sessions: 1st Session:** 7:00 - 8:15

2nd Session: 8:15 - 9:30

JH Session: (Boys M/W & Girls T/TH) 9:45 - 10:30

Summer weight training is open to all **<u>High School and Junior High</u>** students for the upcoming school year.

As in the past, high school boys and girls will rotate between the early and late sessions weekly. A calendar with the weekly breakdown is included in the band app.

Athletes planning to attend summer weights will need to fill out the sign up form below!

Sign Up Form:



Band App: Calendar and Updates



#### FAMILY - STUDENT INFORMATION SHEET 2025-26 SCHOOL YEAR

STUDENT'S	NAME		
First		Middle	Last
Grade	D.O.B		
STUDENT'S	NAME		
First		Middle	Last
Grade	D.O.B		
Student's Cell	Number		
STUDENT'S	NAME		
First		Middle	Last
Grade	D.O.B		
Student's Cell	Number		
STUDENT'S	NAME		
First		Middle	Last
Grade	D.O.B		
Student's Cell	Number		
STUDENT'S	ADDRESS AN	ND PHONE NUM	IBER:
Address where	e students resid	e:	
MOTHER'S	NAME		
Home Phone N	Number		Cell Phone Number
Address			
			Zip
Place of Emple	oyment		Employment Phone
E-Mail Addres	ss		
FATHER'S N	NAME		
			Cell Phone Number
Address			<u></u>
			Zip
Place of Emplo	oyment		Employment Phone
E-Mail Addres	SS		

STEP PARENT'S NAME		
E-Mail Address_		
Place of Employment		
Employment Phone		
STUDENT LIVES WITH: (Check appropriate choice)		
	er Only Grandparent	Guardian
☐ Mother & Step Father ☐ Father & Step Moth	. — . —	
EMERGENCY CONTACTS		
If parents cannot be reached, contact the followi		
Name	Relationship to student_	
Home Phone Number	Cell Phone Number	
Employment Phone	-	
Name	Relationship to student	
Home Phone Number	Cell Phone Number	
Employment Phone	-	
MEDICATIONS:		
Please contact Nurse Christine Wilson at Wilson.c	<u>chr@districtor1.net</u> to complete a s	eparate permission form
prior to the first day of school.		
OTHER INFORMATION:		
I anticipate my child receiving school transportation	on for the 2025-26 school year:	☐ Yes ☐ No
My student is "Option Enrolled" in District OR 1:		☐ Yes ☐ No
(If Yes) Home District:		
What language did the student first learn to speak?		
What language is spoken most often by the student?		
What language is primarily used in the student's hor	me regardless of the language spok	en by the student?

## PARENTAL CONSENT for the 2025-26 SCHOOL YEAR

I hereby give my consent for the following named student(s):
, to:
1. Accompany any school team or club of which he/she is a member on any of its local or out-of-town trips. (Initial here)
2. Accompany his/her class on any local or out-of-town school field trips. (Initial here)
3. Photo Release: Your child's photo may be taken for inclusion in the district publications or in local
newspapers or magazine articles or letters relating to school activities (Initial here)
I acknowledge that I have selected the health care provider who has examined the student and assume full responsibility for the selection of such examiner.
I authorize the school to obtain, through a physician of its own choice, any medical care that may become reasonably necessary for the student in the course of such athletic activities or such travel. I also agree not to hold the school or anyone acting on its behalf responsible for any injury occurring to the above-named student in the course of such athletic activities, field trips, or such travel.
Signature of Parent/Guardian
Date

Please contact the building secretary for a Free/Reduced Application after August 1.