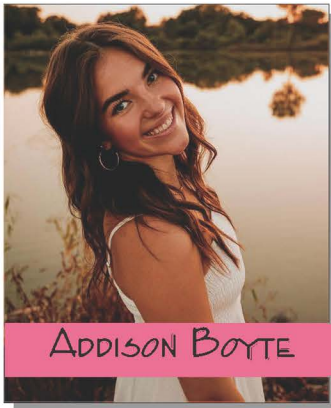


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ADDISON BOYTE



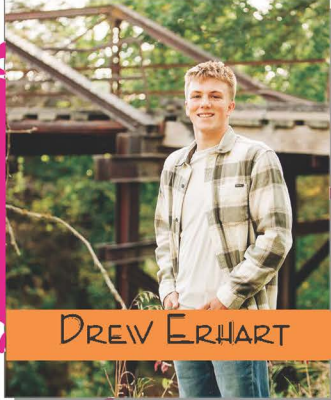
DORIAN CASTILLO



MACY CUDA



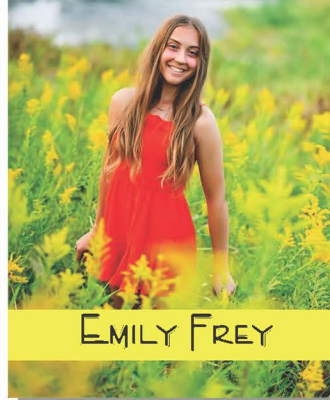
JOSIE DEEKE



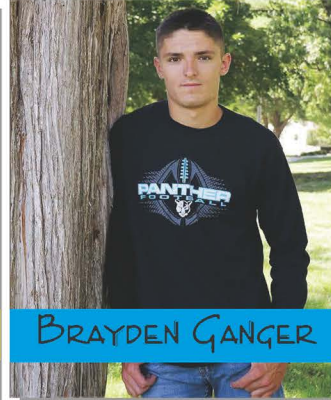
DREW ERHART



LIA ERNST



EMILY FREY



BRAYDEN GANGER



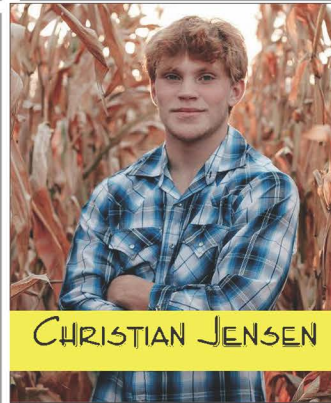
JOHNATHAN GLANTZ



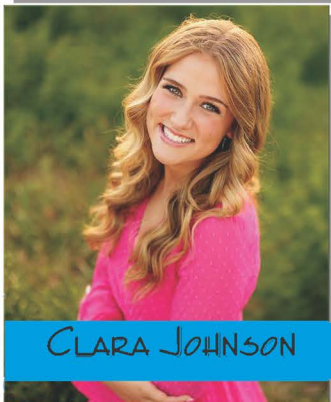
FAITH GREEN



KINSLEY HAVRANEK



CHRISTIAN JENSEN



CLARA JOHNSON



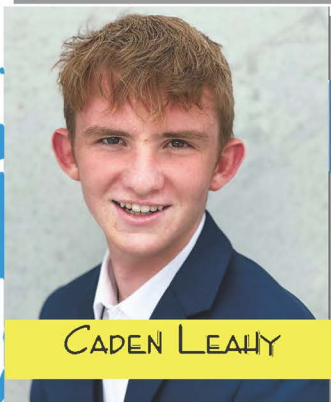
CADENCE KAUFMAN



ELLE KERKMAN



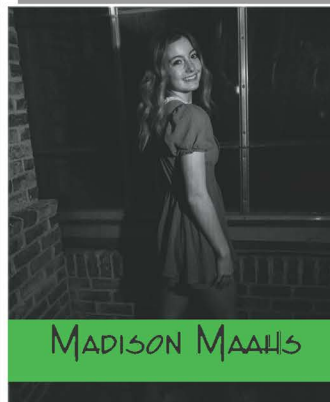
LEXIE KMENT



CADEN LEAHY



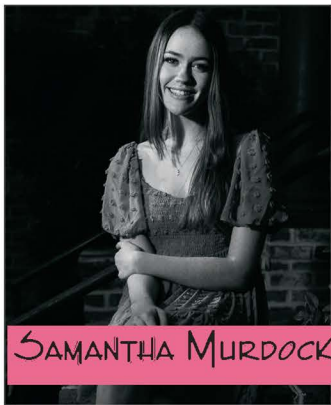
CONNOR LINDEMAN



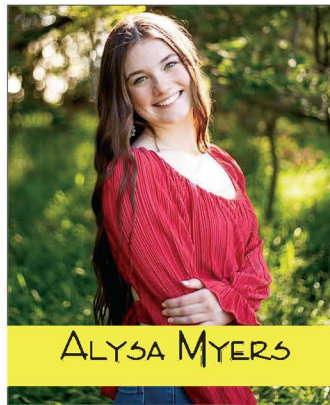
MADISON MAAHS



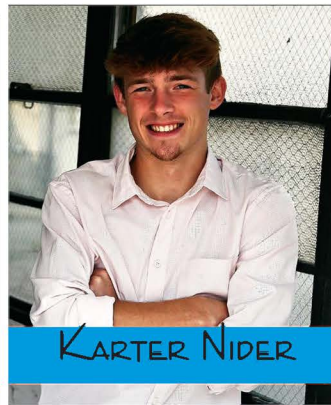
HANNAH MCGOWAN



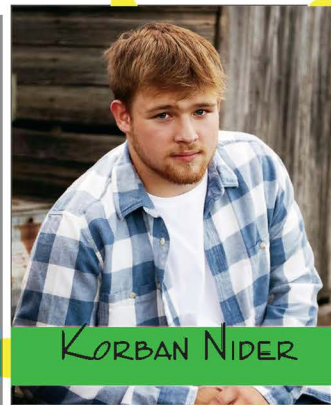
SAMANTHA MURDOCK



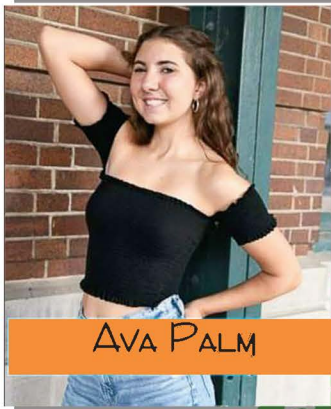
ALYSA MYERS



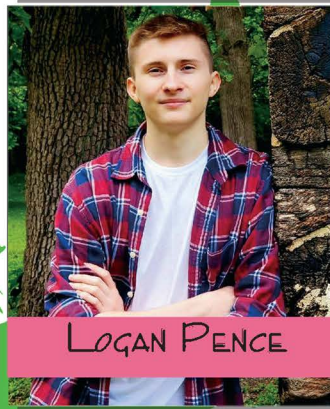
KARTER NIDER



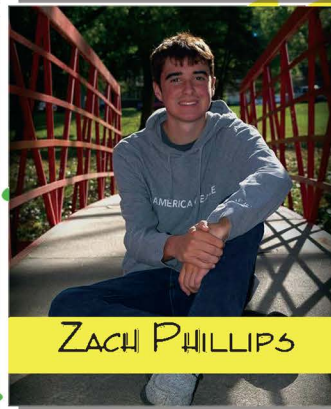
KORBAN NIDER



AVA PALM



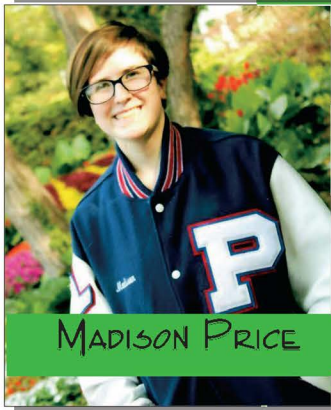
LOGAN PENCE



ZACH PHILLIPS



AVERY POTEET



MADISON PRICE



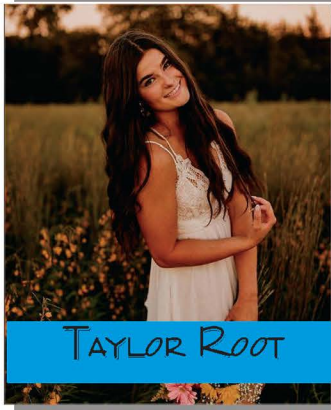
DRAVEN PRIEL



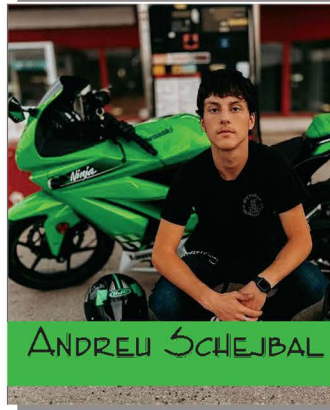
MCKENZIE PTACNIK



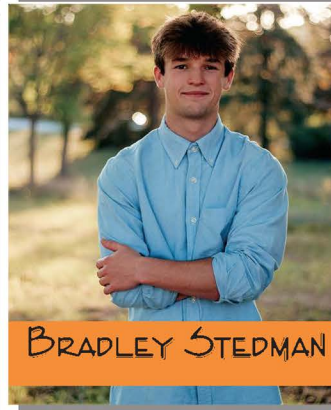
CAMDEN RHOADES



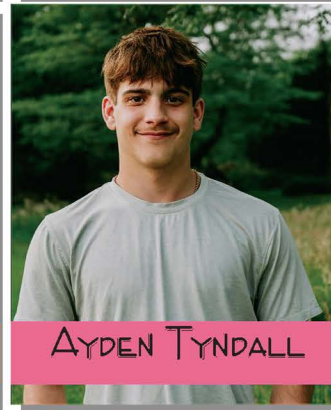
TAYLOR ROOT



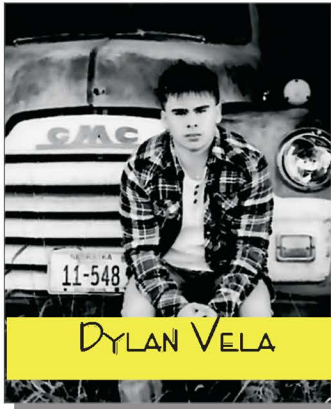
ANDREU SCHEJBAL



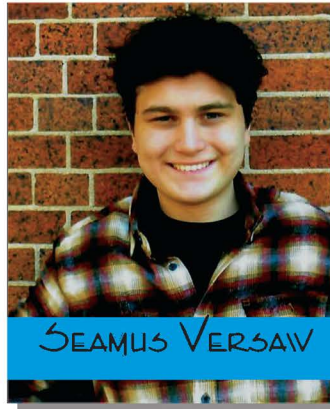
BRADLEY STEDMAN



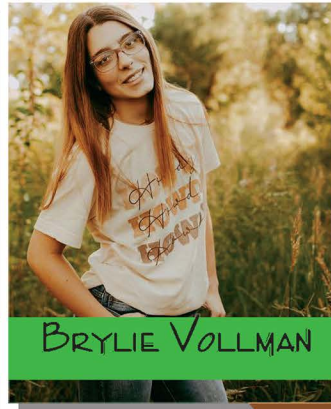
AYDEN TYNDALL



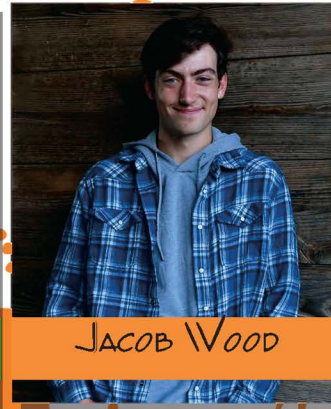
DYLAN VELA



SEAMUS VERSAV



BRYLIE VOLLMAN



JACOB WOOD



Panther Weekly Bulletin

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	NO SCHOOL

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Fiestada Or Chicken Parm Seasoned Noodles Mixed Vegetables	Turkey Wrap Sun Chips Broccoli	Hot Ham & Cheese Green Beans Fries	Mandarin Chicken Or Popcorn Chicken	NO SCHOOL

Happening this week at PHS

**Saturday, May 11th– Graduation 2:00 pm PHS West Gym
Streaming https://www.youtube.com/channel/UCg-K30_51duQ2P5MIHzo05w**

JH State Track @ Gothenburg

**Monday, May 13th– District Golf @ Quail Run 9:00 am, Show
Choir Auditions 6:00 pm, FCCLA Officers Meeting 9th period**

Tuesday, May 14th– 5th Grade graduation @ PHS 1:30 pm

Wednesday, May 15th– Last day for Bennet Elementary

**Thursday, May 16th– 6th Grade Track & Field Day @ Olson
Complex, Last day for PHS 1:00 Dismissal**

Friday, May 17th– State Track @ Omaha Burke High School

**Saturday, May 18th– State Track @ Omaha Burke High
School**

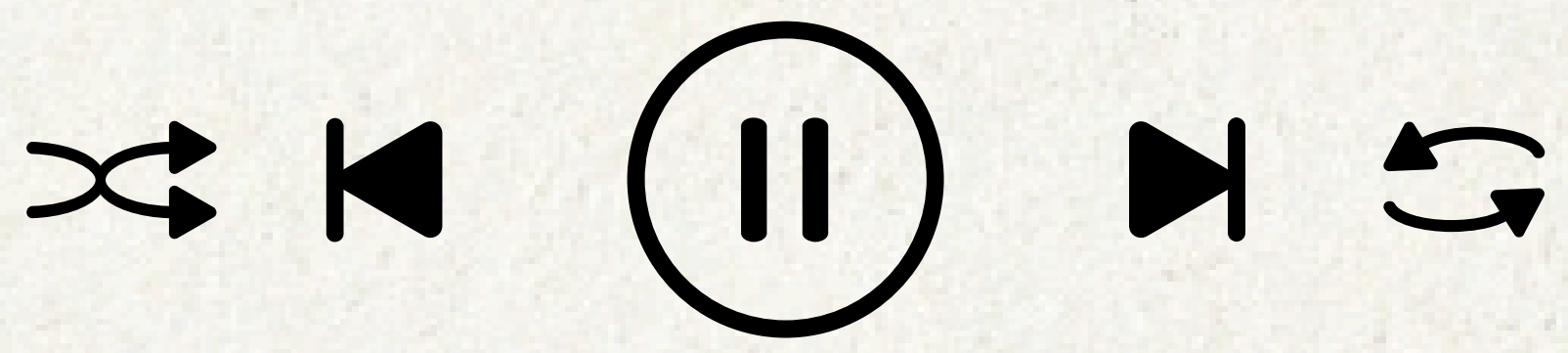
Tuesday, May 21st– State Golf TBD



SHOW CHOIR TRY-OUTS

6-7:30 pm -Monday, May 13th
in the music room.

Must be signed up for band or choir
to audition. 



SUMMER WEIGHTS SIGN UP

Start Date: **June 3rd**

Training Days: **4 days per week (Monday - Thursday)**

Sessions: **7:00 AM and 8:15 AM**

Summer weight training is open to all high school students for the upcoming school year.

As in the past, boys and girls will rotate between the early and late sessions weekly. A calendar with the weekly breakdown is included in the band app.

New this year: Athletes planning to attend summer weights will need to fill out the sign up form below!

Sign Up Form:
Team Assignment



<https://bit.ly/SummerWeightsSignUp>

Band App:
Calendar and Updates



<https://bit.ly/SummerWeightsBand>

PALMYRA HIGH SCHOOL WRESTLING CAMP

June 12th-13th

9:00am-11:30am: 6th-8th
grade clinic with 9th-12th
grade open mat

12:30pm-4:00pm: 9th-12th
grade clinic

Fight
Wrestle
Win

If interested please contact
weils.and@districtor1.net

Guest coaches Eron
Haynes and others!

Location: Palmyra
High School 425 F St,
Palmyra, Nebraska

Cost: \$20

Cash or checks accepted



PALMYRA YOUTH WRESTLING CAMP

WHEN

June 10th -11th

10 AM – 12:30 PM

LUNCH BREAK

1:30 PM – 4:00 PM

WHERE

**PALMYRA HIGH
SCHOOL – EAST
GYM**

425 F STREET, PALMYRA, NE 68418

REGISTRATION

**PLEASE USE THE QR CODE BELOW
TO REGISTER. ANY REGISTRATION
SUBMITTED BEFORE MAY 20TH
WILL INCLUDE A CAMP T-SHIRT**

COST

**\$50.00 CASH, CHECK
OR VENMO**

**Contact: Kristi Dunkin
402-430-2498**



AGES K-8TH GRADE

CORNHUSKER SILAS ALLRED



- Big Ten Champion (197; 2023)
- Nebraska's Most Dedicated Wrestler (2022-23)
- Big Ten Wrestler of the Week (Feb. 7, 2023)
- NCAA Qualifier (2023, 2024)
- Academic All-Big Ten (2021, 2022, 2023, 2024)
- NWCA Scholar All-American (2023)
- Big Ten Sportsmanship Award (2023)
- Nebraska Scholar-Athlete Honor Roll (Fall 2020; Spring 2021, 2022)

**WHAT TO BRING
WORKOUT CLOTHES, WRESTLING SHOES,
WATER BOTTLE AND A SACK LUNCH**

\$16

FRESH COFFEE FOR FCCLA NATIONALS

Selling fresh whole bean or ground coffee to support our National STAR Competitors who qualified for Nationals in Seattle, WA this summer from June 29th - July 3rd. Coffee will be sold in 1-pound bags. It is a Brazilian PeaBerry Coffee. Fundraising will take place over the entire summer. If you would like a bag let us know and we will get it freshly roasted and delivered.

HOPE



SPORTS NUTRITION

Hope's project was to design a nutrition plan to help a wrestler maintain weight healthily and safely.

JOSIE



FASHION CONSTRUCTION

Josie's project allowed her to design and create her own dress for formal occasions.

CARTER



PUBLIC POLICY ADVOCATE

Carter's project is allowing him to advocate for a law in Nebraska allowing youth under 16 to drive to work.

**FOR DETAILS CONTACT MRS.PAXTON
AT
PAXTON.MIC@DISTRICTOR1.NET**