



Panther Weekly Bulletin

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
(No school)	Pancakes Syrup Sausage Links	Breakfast Pizza	Egg Patty Sausage Patty Cheese Bagel Potato Triangle	Circle Donut Yogurt

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Mandarin Chicken Seasoned Noodles Egg Roll Broccoli	Salisbury Steak Mashed Potatoes Brown Gravy Carrots Roll	Lasagna Breadstick Green Beans	Taco Meat Taco Shells Black Beans Spanish Rice

Happening this week at PHS

Monday, September 1st– No School, Labor Day. Homecoming Week!

Tuesday, September 2nd– Drumline, Frontline, & Color Guard Rehearsal 7:00 am

Volleyball vs. Louisville @ PHS– C Team 5:00 pm, JV 6:00 pm, Varsity 7:00 pm, **Stream on HUDL: <https://fan.hudl.com/palmyra>**

Pep Band for VB game

Wednesday, September 3rd– FFA Range Practice 7:30 am

Thursday, September 4th– Color Guard Rehearsal @ Olson Complex 7:00am

JH Football @ Platteview 4:30 pm, bus leaves at 2:30 pm

JH Volleyball @ Lincoln Christian 4:30 pm, bus leaves at 3:15 pm

PHS Football Team Meal 6:00 pm

One Act Play Rehearsal 6:00– 8:00 pm

Friday, September 5th– Cross Country Varsity @ Tecumseh CC 9:00 am, bus leaves at 7:00 am

Girls Varsity Golf @ Hidden Acres 9:00 am, van leaves at 7:15 am

Elementary Kindergarten Homecoming 'Coin' event @ Bennet Elementary 8:45 am, bus leaves at 8:25 am

Elementary Homecoming Pep Rally @ Bennet Elementary 9:00 am

PHS Pep Rally in the PHS West Gym 2:50 pm

Football Varsity vs. Superior @ Olson Complex 7:00 pm, Pep Band for FB game, Homecoming coronation after the football game

Saturday, September 6th– Homecoming Dance 7:00– 11:00 pm in PHS West gym, use the South Doors for entrance

Sunday, September 7th– FCCLA Bake Sale at Fallidays 10:30– 3 pm in downtown Bennet

UPCOMING EVENTS

Monday, September 8th– Volleyball @ Conestoga– C team 5:00 pm, JV 6:00 pm

JV Football vs. Auburn @ PHS 6:00 pm

Tuesday, September 9th– Girls Varsity Golf ECNC Invitational @ Elmwood-Murdock 9:00 am, JH Volleyball @ Raymond Central 4:30 pm, Volleyball Varsity Triangular @ PHS 5:00 pm, One Act Rehearsal 6:30– 7:30 pm in choir room

Wednesday, September 10th– FCCLA Chapter Meeting 7:45 am

Thursday, September 11th– Girls Varsity Golf Triangular @ Woodland Hills 2:00 pm

JH Football @ Conestoga 4:30 pm

Cross Country Varsity @ Milford 4:30 pm,

Volleyball vs. Johnson County Central @ PHS— C team 5:00 pm, JV 6:00 pm, Varsity @ 6:45 pm

HS Football Team Meal 6:00 pm

Friday, September 12th– Bennet Elementary Fun Run 9:00 am, Football Varsity @ Fillmore Central 7:00 pm

Saturday, September 13th– Show Choir Rehearsal 8:00 am

GO PANTHERS!

Bennet Elementary - District OR-1

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Newsletter - Aug 29th, 2025

Arrival 7:50-8:20

Dismissal 3:20

Early Dismissal Days 1:00

Principal's Update

Panther Fun Run

We're ONE week away from the start of our Panther Fun Run fundraiser where we will have fun and build community while we work to reach our fundraising goal. Also, when students get donations and share their donation link they will earn POINTS. The more donations, the more points they can earn. Families can redeem their points through the ONLINE REWARD STORE. View the reward store from your dashboard to see this year's prize options!

Curious about the event? Find an overview of our fundraiser [HERE!](#)

Key Information to help you during the fundraiser:

👛 Goal: \$25,000

📖 For: new books to help fill our Library

📅 Kickoff Date (in school): 09/02/2025

👟 Event Date: 09/12/2025

Donations for our Panther Fun Run will be collected through our fundraising platform:

MyBooster.com

- Choose "Sign Up"
- Enter your School
- Enter your Personal Information
- Once you sign up, it's time to share via Facebook, email and text!
- Check out all the prize options at the Reward Store

Thank you for helping make our fundraiser a success!

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Fun Run Schedule

On Friday, September 12th, we invite families, community members, and partners of our Panther Fun Run to attend our celebration event at Olson Complex. Students will arrive in waves and Fun Run times will commence first. After this, we will have a fun activity for each grade level after the Fun Run with time for lunch included. Families are invited to attend the fun run and activity and lunch time before heading home when we head back to Bennet Elementary. Here is a schedule overview for your planning purposes.

Kindergarten/ 3rd Grade: Fun Run- 9:00-10:00, Activity and Lunch- 10:00-11:15

1st Grade/ 4th Grade: Fun Run- 10:00-11:00, Activity and Lunch- 11:00-12:15

2nd Grade/ 5th Grade: Fun Run- 11:00-12:00, Activity and Lunch- 12:00-1:15

Dismissal Changes

Coordinating the dismissal plans for 350 students each day is extremely challenging and time consuming for the office staff. If you have a change request, we ask that these are communicated to the office by 2:00 each day. Ideally, the transportation plan is consistent day to day. We understand that some days a change is needed. However, receiving these requests within an hour of dismissal is a challenge for ensuring timely communication to staff to ensure these students get to where they need to go. Please assist in helping make this process smooth and effective.

School Bus Safety Reminder

We want to remind all families about the law regarding school buses and student safety. When a school bus stops and extends its red stop sign arm, all vehicles in both directions must come to a complete stop, even if the bus is on a highway or rural road with higher speed limits (such as Highway 43). This applies to both lanes of traffic, whether you are behind the bus or approaching from the opposite direction. The only exception is if there is a physical median or barrier separating the lanes.

Failing to stop is not only illegal but extremely dangerous for children getting on or off the bus. Please help us keep our students safe by following this law every time you encounter a stopped school bus.

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School Bus Food and Drink

Food and drink is prohibited for consumption while on the bus. We ask that any snacks, or personal food items such as candy are not eaten while students are riding the bus. We are also not liable for any personal items that are damaged, lost and missing. We recommend that any electronic devices are not out while on the bus as well. Thank you for your cooperation!

Arrival Procedures

Students in the Rec Program may be dropped off starting at 7:00. All other students should arrive no earlier than 7:50 unless they are riding the bus or attending the Rec Program. The front doors will open at 7:50, and staff will begin monitoring the drop-off line at that time. Students dropped off before 7:50 will be unsupervised and the doors will be locked. Breakfast will be served from 7:50 to 8:20 daily. During arrival, students will gather in the Bennet Commons until 8:20 and then be escorted to classrooms. The school day starts at 8:20, and the tardy bell rings at 8:25.

If you are dropping a student off to ride the morning bus shuttles to PHS and have elementary students with them, we cannot provide supervision for students prior to 7:30. Please have students wait in the car until this time as the buses do not arrive until 7:30.

Parent Drop Off and Pickup Procedures

A few reminders that I would like to share to help everyone get in and out quickly:

- Please have students enter and exit your vehicle on the passenger side of your vehicle. The drop off lane is extremely effective and the safety of your student is our top priority. By doing this, we can ensure that students are not in zones of traffic and are not in harm's way.
- If you are using the parent drop/pick up lanes, please stay in your vehicles. If you would like to park and walk up, please utilize the parking spaces in the interior of the parent pickup/dropoff lane.
- In the afternoon **only**, Kindergarten parents may utilize the bus drop off lane for pickup for Kindergarten students and older siblings. Grades 1-5 will continue to use the primary pickup/dropoff lane. Teachers have now been assigned zones to help aid in the location of your students to help you get in and out quickly.

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Upcoming Events

- Sep 1- No School - Labor Day
- Sep 2-5- Homecoming Week Dress Up Days
 - Galactic Gear Tuesday- Wear space shirts, galaxy print, or your favorite space themed dress to celebrate the start of our Star Quest 5 Boosterthon Fundraiser!
 - Wacky Warp Speed Wednesday- Mix and match clothes like you're traveling at light speed through the galaxy.
 - Planet Pajama Day- Come comfy and cozy like you're floating through zero gravity.
 - Panther Pride Friday- Wear your favorite panther pride gear for Homecoming!
- Sep 2- Bennet Fun Run Fundraiser Kickoff Day
- Sep 12- Bennet Fun Run at Olson Complex
- Sep 24- Parent Teacher Conferences- 2:00-8:00
- Sep 24- Early Dismissal- 1:00
- Sep 24&25- Bennet Elementary Book Fair
- Sep 25- No School- PT Conferences- 8:00-12:00
- Sep 26- No School

PowerSchool

Please check PowerSchool to view grades, missing assignments, and lunch balances. If you need to set up your account, please call Melissa in the office.

District Calendar

[25-26 District Calendar](#)

Transportation

If you have any questions regarding busing, please contact Cathy Fick at 402-540-2879.

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Homecoming 2025

September 2nd-5th

Spirit Days!

Monday: No School!

Tuesday: “Galactic Gear”

Wear space shirts, galaxy print, or your favorite space themed dress to celebrate the start of our “Star Quest 5” Boosterthon Fundraiser!

Wednesday: “Wacky Warp Speed”

Mix and match clothes like you're traveling at light speed through the galaxy.

Thursday: “Planet Pajama Day”

Come comfy and cozy like you're floating through zero gravity

Friday: **Panther Pride**

Wear your PANTHER best!

See you at the **homecoming** game at 7:00!



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● Panther Paw Winners ●



SAFE
RESPECTFUL
RESPONSIBLE

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School Counseling PROGRAM

What's Happening in the Classroom?

This week, students in Kindergarten and First Grade focused on identifying emotions. Students got to role play showing their peers how they would feel in different situations that were provided to them. The best part? They couldn't speak; only use their face and body to allow their classmates to figure out how they felt. We will continue working on emotion identification for ourselves and others over the coming weeks.

Fourth Grade students learned about and discussed "sticky thoughts." These are thoughts about people, situations, etc. that stick with us and bring us down. Over the next few weeks, we will focus on strategies we can use to persevere, forgive, and move on from these "sticky" situations.

Focus for the School Year

- Resilience
- Kindness
- Respect
- Emotional Regulation

Strategy/Skill to reinforce at home

Perspective Taking

The ability to put yourself in another person's place to understand their thoughts and experiences

How to Teach and Reinforce Perspective Taking at Home

1) **Practice identifying emotions** - Use books, magazines, imaginative play, etc. to identify how people feel based on their facial expressions, body expressions, and situational awareness (what happened to them).

2) **Discuss different perspectives** - Talk to your student about how they feel when certain situations happen to them and how, sometimes, others could feel the same or differently based on their life experiences.

3) **Explore emotions through media** - If you are watching a movie, reading a book, etc., ask questions about the emotions and perspectives of the characters keying in on how and why they might feel a certain way.

You may notice that the above strategies are the same as last weeks. Many small activities and conversations that we have with kiddos can teach them multiple skills. Both empathy and perspective taking are closely aligned skills that help students build social skills, leading to a kinder community and stronger, healthier relationships.

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**PANTHER YOUTH BASKETBALL**

BASKETBALL

REGISTRATION



**FOR BOYS & GIRLS
GRADES K - 8TH**

**AUGUST
15-31**

**SCAN TO
REGISTER NOW!**



**FOLLOW US ON
FACEBOOK!**

CLICK HERE  <https://leagues.bluesombrero.com/Default.aspx?tabid=1890395>

[Link to Website](https://leagues.bluesombrero.com/Default.aspx?tabid=1890395)

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Standard Response Protocol

Bennet Elementary's adoption of the Standard Response Protocol (SRP) provides a standardized approach to managing various events, both threatening and non-threatening, that may happen in or around our school.

These protocols provide actions for the following situations:

- Lockout (danger is outside the school)
- Lockdown (danger is inside the school)
- Evacuate (leave the school building, such as a fire)
- Shelter (tornado or severe weather)
- Hold (stay in classrooms due to a non-threatening event outside the classroom)

IN AN EMERGENCY TAKE ACTION



HOLD! In your room or area. Clear the halls.

OCCUPANTS

Clear the hallways and remain in room or area until the "All Clear" is announced
Do business as usual

STAFF

Close and lock door
Account for occupants and staff
Do business as usual



SECURE! Get inside. Lock outside doors.

OCCUPANTS

Return inside
Do business as usual

STAFF

Bring everyone indoors
Lock outside doors
Increase situational awareness
Account for occupants and staff
Do business as usual



LOCKDOWN! Locks, lights, out of sight.

OCCUPANTS

Move away from sight
Maintain silence
Do not open the door
Prepare to evade or defend

STAFF

Lock interior doors
Turn out the lights
Move away from sight
Do not open the door
Maintain silence
Account for occupants and staff
Prepare to evade or defend



EVACUATE! (A location may be specified)

OCCUPANTS

Evacuate to specified location
Bring your phone
Instructions may be provided about retaining or leaving belongings

STAFF

Lead evacuation to specified location
Account for occupants and staff
Notify if missing, extra or injured people



SHELTER! Hazard and safety strategy.

OCCUPANTS

Use appropriate safety strategy for the hazard

Hazard

Tornado
Hazmat
Earthquake
Tsunami

Safety Strategy

Evacuate to shelter area
Seal the room
Drop, cover and hold
Get to high ground

STAFF

Lead safety strategy
Account for occupants and staff
Notify if missing, extra or injured people



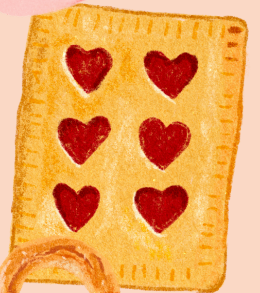
Join us at the

FCCLA Bake Sale

September 7th
11 a.m. - 3 p.m.
Bennet Square
Bennet NE, 68317

Proceeds go to a good cause!

See you there!



PALMYRA GUEST PERMISSION FORM:

School Extra Curricular Activities (Dances, Prom Etc.)
Palmyra High School, 425 F Street PO Box 130, Palmyra, NE 68418
(402) 780-5327 (School Phone) (402) 383-4008 (Fax)

****Please return this form to Mr. Davenport by September 4, 2025****
Doors open at 7 and will close at 8. No one will be permitted
entrance after 8. The dance will go from 8-11.

Name of Palmyra High School Student: _____

Grade: _____ Home Phone Number: _____

General Information:

*It is the responsibility of the PHS Student to make sure that the following sign this form: the guest, the guest's parent and an administrator from the guest's school.

***It is the responsibility of the PHS Student to inform their guest of the dress code and the rules of the dance/school.**

Name of Guest (Print): _____ Age: _____

Address (City, State, Zip): _____

Parent Phone #Home: _____ Cell: _____

Please Check One:

_____ **High School Student**

Parent Name: _____

Parent Signature: _____

Name /Phone # of Guest's High School: _____

_____ **Non-High School Student**

Name/Phone # of Last High School

Attended: _____

Guest (please read and sign)

I (print name) _____ agree to respect and abide by the school rules, dance rules, regulations and policies of Palmyra High School while a guest at the high school dance.

Guest Signature _____

Administrator from Guest's School:

(Please have the guest take this form to an administrator at their school in order to indicate the status of the guest students.)

_____ This student is in good standing in our School

Comments: _____

_____ This student is **NOT** in good standing at our school.

Comments : _____

Name of Administrator and Position: _____

Date: _____ Phone # of Administrator: _____

Hoco Dress Up Days:



Monday:

No School

No School Labor Day!



Tuesday:

Adam Sandler Day

Wear your favorite baggy and mismatched clothes!



Wednesday:

Decades Day

6th-8th: 2000s, 9th-10th: 90s, 11th-12th & Staff: 80s



Thursday:

Anything but a water bottle

Bring anything but a water bottle to drink out of,
keep it appropriate!



Friday:

School Spirit

Dress in your best Panther gear!

Palmyra Post Prom

Blanket & Mum Sales

Support the PHS Junior Class! Post Prom Fundraiser

We're raising funds for **Post Prom 2026**—an event that gives students a fun, safe, and memorable night after prom.

You can help by purchasing one of the following:

COZY BLANKETS – \$70 each

- High-quality & super soft!
- Great for gifts or chilly nights
- Expected delivery: Mid-September

FALL MUMS – \$15 each

- Partnered with **Tailored Life** in Bennet
- After purchase, you'll receive a voucher to pick up your mums at Tailored Life

How to Order:

The Juniors will be selling Blankets and Mum's on Tuesday 9/2 during the Volleyball games at the Highschool as well as on Friday 9/5 during the Football game at Olson Complex.

OR

Email: PHSPostProm2026@gmail.com

Please include:

- ✓ Your Name
- ✓ Phone Number
- ✓ Quantity of Blankets and/or Mums

Payment Methods Accepted: Cash • Check • Venmo

Thank you for supporting our students and helping make Post Prom safe, fun, and unforgettable!

