

School District OR-1

425 F Street, Box 130 Palmyra, NE 68418 402-780-5327 Fax: 402-383-4008 Superintendent: Michael Hart Secondary Principal: Heath Johnson Activities Director: Aaron Hoeft

Elementary Principal: Linde Walter 50 Dogwood Street Bennet, NE 68317 402-782-3535 Fax: 402-383-4008

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www.districtor1.org Twitter: @OR1_Panthers

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District OR-1 Public Schools
July, 2021

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Together, we prepare our students to successfully meet the challenges of the future.

Foundation For Knowledge, District OR-1

Since our beginning in December of 1998 -

- \$567,000 Contributions you have contributed to The Foundation For Knowledge.
- \$192,650 Scho<mark>larsh</mark>ips 165 students from your community have been assisted with their post-secondary educations.
- \$74,550 Staff Development helping to make District OR-1 one of the highest ranked and best trained teaching Staff's in the state of Nebraska.

Graduation Rate – District OR-1 has achieved one of the highest graduation rates in the State.

Post-secondary Education – the vast majority of District OR-1's students go on for further education that will help them for the rest of their lives.

\$12,600 - School Support - Assisting school programs, and support for students representing District OR-1.

\$326,000 - Invested Market Value - For endowed commitments.

With your help The Foundation For Knowledge's investment account ensures that your contributions will be available for the future of your community.

With your support we will continue our work for the future of your community

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Thank you for your investment in the future.



PANTHER

District OR-1 Public Schools 425 F Street Palmyra, NE 68418 http://www.districtor1.org

Serving the Communities of Bennet, Palmyra, and Douglas, NE

July 2021

Follow District OR1 news and activities by downloading our iOS or Android app, follow us on twitter @ OR1_Panthers, or at www.distrcitor1.org.

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- Foundation for Knowledge
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Superintendent Notes...by Michael Hart

I hope all of you are having a safe and relaxing summer! As we move into the beginning of July, we continue to be hard at work preparing for the upcoming school year, and we remain committed to providing the best possible learning environment for your children when they return in the fall.



Before we share information regarding the upcoming school year (2021-2022), I would like to thank all of you again for your patience and support over this past school year (2020-2021). We are very fortunate to serve as administrators and educators in a growing and progressive school district with a solid commitment to continued excellence and a "kids first" approach to education. District OR-1 is a great place to be!

Our students are a direct reflection of our school core values and beliefs (as well as those of the parents and patrons we serve). The class of 2021 was an outstanding group of young men and women and it was a pleasure getting to know these seniors. Despite the challenges associated with the COVID-19 pandemic, our students and staff found a way to overcome these challenges. During the school year, they showed strong resilience, innovative and collaborative thinking, and outstanding flexibility. Through it all, they were able to successfully complete a full year of "in person" learning. That is quite an accomplishment and something to be celebrated!

Teacher Retirements:

As many of you may know, we had a number of teacher retirements this past school year in our district. Losing a wealth of institutional experience and knowledge is exceedingly difficult for school districts to replace, but we feel we have also hired some outstanding new teachers to fill the shoes of those who have retired and we are confident our new staff will all do an excellent job of continuing the

Superintendent: Michael Hart Palmyra Principal: Heath Johnson Bennet Principal: Linde Walter Activities Director: Aaron Hoeft

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Welcome New Staff

Hello, my name is Austin Lahmon

and I am excited to be serving the students, families, and communities of District OR-1 as the elementary school counselor. In my role, I will be helping students develop social-emotional and coping skills through classroom guidance lessons, small group, and individual counseling sessions. Collaborating



with community stakeholders, teachers, families, and students of District OR-1 will be key to ensuring all students are able to reach their full academic, social-emotional, and career potential. I recently received my Master's degree in school counseling from Concordia University in Seward. I have a wonderful wife and two-year-old daughter who keep me busy. We enjoy playing outside, sports and arts of any kind (especially baseball and one act plays), and spending all the time we can with our families. I am available as a support system for students and families so please feel free to reach out to me with any questions or concerns at any time. I am looking forward to meeting and working with you and your students!

tradition of high quality educators in our district. Although our retiring teachers were honored individually at their respective school buildings at the end of the school year in May, I would also like to publicly congratulate them for their service and dedication to our students over the years.

First of all, I would like to congratulate Mrs. Becky Hall (1st grade teacher at Bennet Elementary) for her 29 years of dedicated service to the district.

Additionally, I would also like to congratulate Mrs. Charlynn Church (High School Science Teacher) for her 39 years of successful service to the district.

Finally, I would also like to congratulate **Mr. Ron Wergin** for his 42 years of successful service as the high school PE teacher.

All of these outstanding individuals positively impacted generations of students and families within our community and we wish them the best of luck on the next chapters of their life journey.

Because we would also like to provide our students and families an opportunity to publicly thank these retiring educators, we will be hosting a honors ceremony on **Friday, September 10th** at halftime of the varsity football game (this is also Homecoming). More information on this event will be available on our website at the beginning of the school year. Stay tuned and we hope to see you at the Olson Complex on Friday, September 10th.

"New to the District" Teachers:

I would also like to take this opportunity to introduce some of the newest educators to our district. This is an outstanding group of teachers, and I look forward to the great work they will do for our students and families this year and in the future! Please welcome them to our "Panther" team!

Dominique Dowding: Fourth Grade Teacher at Bennet Elementary

Brittany Eisenhauer: Preschool Teacher at Bennet Elementary

Austin Lahmon: School Guidance Counselor at Bennet Elementary

Jordan Linke: High School Physical Education Teacher

Sean Mulholland: High School Science Teacher

Kade Reiman: Second Grade Teacher at Bennet Elementary

Taylor Suhr: Elementary Art and "Learning Loss" Academic Support Teacher at Bennet Elementary

Beginning of School Information:

As it stands right now, we are planning to start the 2021-2022 school year as normal as possible, but we will still continue to have various safety precautions in place related to lessons learned from the pandemic. Beginning this school year, we will

not be requiring our students or staff to wear masks. If students or staff want to wear masks, that is a decision that they are free to make at their discretion. Although we are planning to start without a mask requirement for staff and students, please be aware that requirement could change if needed based on current health conditions.

As we did last year, we will continue to follow our local health department protocols and the CDC guidance as directed. If something changes with the COVID variants or conditions surrounding the virus (or we have elevated levels of safety concerns), we will adjust quickly and accordingly and communicate these changes to you as soon as possible through our social media channels and district messenger system. In order to ensure you receive all district information in a timely manner, please make sure you update all family contact information before the start of the school year.

Remote Learning:

This year, we will <u>not</u> be offering a Remote Learning option for students. Although this option turned out to be beneficial to some last year given the conditions and extenuating circumstances at the time, remote learning will not be an option this year. We are excited to have all of our students and families back in our buildings! Our first day of school for students is **Wednesday, August 11th!**

Communication with District Stakeholders:

In an effort to continuously update district communication with our students, families, and community stakeholders, we have now added a District OR-1 Facebook page to our list of social media platforms. We hope that this additional communication option helps to reach even more of our community patrons. Listed below is the link for the district Facebook page: https://www.facebook.com/District-OR-1-School

School Newsletter:

Although the school newsletters in the past have always been paper copies, we are looking at moving these quarterly newsletters to more of a digital format in the future. Beginning in the fall, we are considering only running a limited number of copies for those who want the newsletter in print and on paper. For those with no preference in how they receive the information, we will post the newsletter on our school website and our social media platforms.

Please note: If you are still interested in receiving the school newsletters in a paper or printed format, you can stop by either the main office at the high school building in Palmyra or the main office at the elementary school in Bennet to pick one up.

"Return to School" Plan:

Last summer (2020), District OR-1 engaged in a collaborative process involving students, staff, parents, community members, and local health professionals to craft a "Return to School" plan for the 2020-21 school year. Although certain elements of this plan changed multiple times throughout the school year, we were able to successfully adjust and continue to offer "in person" learning the entire school year. Our stu-

dents, staff, and families did an excellent job of working together to mitigate the various challenges presented by the pandemic. Good work!

As we transition to the 2021-2022 school year and beyond, District OR-1 will continue to periodically update our "Return to School" plan to respond to current conditions and evolving state and federal guidance related to, or associated with, the COVID-19 pandemic. The updated plan will again be developed in a collaborative manner to ensure the document remains effective and practical in subsequent years.

Community Patron Input:

In order for us to make sure we are creating a comprehensive and practical "Return to School" plan, we are asking for public input on the plan and we would like to ask you to complete a short survey to share your thoughts and ideas regarding this subject.

To help facilitate your ability to quickly share your thoughts and ideas, I am attaching the "Return to School Plan" survey link here in this document. We are asking for public input **through Monday, July 12th**. The survey will also be available for you to complete on our school website. Thank you in advance for your input!

The link is on our web page: Look tor the news article, "District OR-1 "Return to School" Planning Survey"

We will also be reviewing our updated "Return to School" plan at our next regular Board of Education meeting and we will be posting our plan on our website around the middle of July.

"American Rescue Act" Information:

The American Rescue Act was recently announced to support school efforts to safely reopen K-12 schools and to equitably expand academic and extracurricular opportunities for all students. District OR-1 intends to use these resources in accordance with established state and federal parameters in order to address student learning needs related to the COVID-19 pandemic and to promote overall health and safety for our students and staff. Some of the areas of focus for utilizing these resources will be:

Provide access to comprehensive mental health services for students, staff, and communities.

Reimagine family and community engagement.

Develop high-quality professional learning opportunities for staff.

Ensure all students have equitable access to grade-level instruction to address unfinished learning and support learning acceleration.

Comprehensively modernize information, data, technology, and process systems.

Focus on marginalized student groups to ensure equity and access for all students.

Increased focus on students whose learning was disproportionately affected by COVID.

Bolstering or creating additional before and after school learning opportunities.

Maximize summer enrichment and/or summer school opportunities for all students.

Provide additional tutoring in skill-deficit areas.

Strategic Planning:

As we move into the next school year, I would also like to an-

nounce that we will begin another round of Strategic Planning for our district. Part of the Strategic Planning process will include a number of opportunities for community engagement on the future of our school district. These opportunities will be geared towards refining the vision, mission, and goals of our school district for the next several years.

The Strategic Planning process is an important step in helping us continuously improve and proactively address our projected future district growth. Listed below is information on our current mission, vision, beliefs, and district goals.

District Mission Statement:

"Together we prepare our students to successfully meet the challenges of the future."

District Beliefs:

OR-1 will:

Model and reinforce <u>self-respect</u> and <u>re-spect</u> for others.

Provide <u>equal opportunity</u> for each student to develop his/her potential.

Seek to develop a sense of individual <u>re</u>sponsibility and <u>integrity</u>.

Seek and integrate educationally sound innovations into the curriculum. Provide a safe learning environment.

District Vision Statement:

District OR-1 commits to a course of action providing continued academic growth through a curriculum that recognizes limitless potential and inspires faith in a positive future for every student. With a sense of community ownership and responsibility, we will remain fiscally accountable and attentive to current and future high-tech facility and staffing needs.

Current Strategic Goals:

Strategic Goal 1: District OR-1 Public Schools will provide the facilities needed to be competitive with other area schools in athletics and fine arts programs.

Strategic Goal 2: District OR-1 Public Schools will foster a unified community.

Strategic Goal 3: District OR-1 Public Schools will continuously implement (academic) programs and the curriculum needed to remain competitive with other area schools

Please consider being a part of our Strategic Planning process and stay tuned for more information on upcoming meeting dates and times.

Thank you again for supporting our school district! If you have any additional questions, please call our school offices.

Enjoy the rest of your summer break!



From the Desk of Mr. Johnson, Palmyra High School Principal

Wow! What a year! I would like to take some time to thank a lot of people for their help this past year. First of all, I'd like to thank Jane Powell, Rick Brening, Dan Desmond, Denise Knutson, and Brad Gabriel. As we did temperature checks this year, they were out there EVERY DAY checking kids' temps. They always greeted the kids with a warm smile (couldn't see it behind the mask) and a friendly word to get their day started off right! I would also like to thank the teachers, maintenance staff, and secretaries for all they did through this challenging year. We had so many changes throughout the year and they all rolled with them beautifully. I'd like to especially recognize our teachers for teaching both in the classroom and digitally all year. While our teachers made this look easy and seamless, this was no small task. It really speaks to their dedication to see our children succeed where they are at. I'd also like to thank Burke Brown for all he did to keep our computers, network, canvas, etc. working like a well-oiled machine! I'm sure he wore out a pair of shoes this year! Finally, I'd like to thank Mr. Hart. It is no small task to be a superintendent in today's schools. Add in the fact that it is your first year and we're in a global pandemic and this elevate the difficulty exponentially! But Mr. Hart did a fantastic job! He worked hard to support his administration, he worked closely with many people in the community, and he even met with students to ensure that all voices were heard as we navigated this difficult time together. We are fortunate to have him in our district and we are in good hands going forward. I also don't want to forget the board of education. Not only do they trust the work that is being done in our school to better students, they also helped support us even further by doing things like approving additional work days for staff. These days were critical to the dual teaching our teachers were doing this year. I know the teachers really appreciated having the time to work, collaborate, and develop new strategies to help reach all students.

I would also like to let you know of a few changes coming up in the following year. The high school is adding 9 minutes to the school day. The reason for this change is to create two full 30 minute lunches for students and staff. This should not have any effect on the bus routes, but I wanted to make you aware of this change. Also, District OR-1 is finally getting a Facebook page! I know for many of you this is welcomed news! We look forward to communicating all the great things going on in our district in real time on a platform many of you are on. With the addition of Facebook, we are also taking this publication (the newsletter) digital. We will offer highlights of teachers and some of the awesome things they do in their classrooms, schedules and information, and other relevant school information on our website, twitter, and now Facebook!

I hope that everyone had a great school year and I hope you are enjoying your summer. As a father in this district I wanted to make you aware of one resource I think is really worth your time, especially if you have young kids. A subject near and dear to my heart is the use of cell phones by our kids. As a parent I have fought these battles and seen the negative aspects of smartphone use. As a principal I also see a wide variety of damage that can be caused by always being "connected". There is a great website that has tremendous research when it comes to kids and the use of phones. I would encourage you some evening to take a look at it. As always, if you have any questions about anything we do here or anything that I've mentioned, please feel free to reach out to me at the school. I am more than happy to talk with you over the phone, email, or even better....in person! It is through strong community relationships that we get better as a district. https://www.waituntil8th.org/ —Mr. Johnson







As the new school year gets underway I would like to formally introduce myself. My name is Taylor Suhr and I graduated from The University of Nebraska at Omaha. I recently got engaged, so most of my free time is spent planning our wedding. I also enjoy playing with my dog, going to Target, and drinking iced coffee! I am so excited to get to know you all over the next school year!

New Faces at District OR1



Hello, My name is Dominique Dowding and I am excited to be a part of the Bennet-Palmyra teaching team! I live in Syracuse with my husband Tim and my two sons, Treton (11) and Rhett (1). I enjoy crafts, music, and spending time with my family playing board games or being outside. We also have an Australian Shepard mix dog, Knox and a Calico cat, Jin.

This will be my first year teaching; however, I have been fortunate enough to be a member of this amazing district during the 2020-2021 school year as a paraeducator and substitute teacher at Bennet Elementary. Through this experience, I have learned that this community is second to none, and I have fallen in love with the atmosphere. I received my undergraduate degree in Human Relations from Doane in 2017, and my Master's degree in Elementary Education from Grand Canyon University in 2019. Following graduation, I worked with students at Syracuse Middle School as a paraeducator and substitute teacher.

I look forward to getting to meet and work with you in this wonderful district. Go Panthers!



My name is Jordan Linke. I am the 7-12 Physical Education and Strength Training teacher at District OR-1. In addition to my teaching roles, I also help coach football and track.

I originally graduated from the University of Nebraska- Lincoln in 2015 with my bachelor's degree in Business Administration and a minor in management. After a few years working around the Lincoln area, I decided to follow my passion for sports and exercise to UNK, where I studied exercise science, kinesiology and picked up my teaching certificate for secondary Physical Education. I am currently completing my Master's program with UNK in curriculum and instruction. This upcoming school year will be my 4th year in education and my first with District OR-1.

I currently live in Waverly with my wife Kloreace, who is the school psychologist for District OR-1 and our yellow lab Oakley. In my free time, I enjoy attending Husker sporting events, camping and water sports, golfing or finding any activity where I can be competitive with friends and family. I am very excited to be part of the panther family!



Sean Mulholland: My story begins in Deerfield, IL (30 miles north of Chicago). I am the oldest of 3 and my family still resides in the Chicagoland area. I moved to Nebraska to attend the University of Nebraska-Lincoln in 2010 and earned my Bachelors of Science in Fisheries and Wildlife in 2014. While in college, I met my wife and we have been married for 6 years. We have a son (Luca), a red heeler (Wrangler), and a spoiled cat (Mr. Bigglesworth). I earned my Masters in Education from the College of Saint Mary in Omaha, NE in 2020. I am certified to teach 7th-12th grade science and LOVE my career! When I am not teaching, I enjoy fishing (recreationally and competitively), spending time with my family, hiking, sports (specifically football and fishing), hunting, antiquing, and traveling. I am very excited to be a part of District OR-1 family and cannot wait to get the 2021-2022 school year started!

ELEMENTARY NEWS

WELCOME BACK!

The 2021-2022 School Year will kick off on **Wednesday, August 11**th for students in grades K-12th grade. The first day will be a full day of school.

BENNET ELEMENTARY:

Elementary School hours will continue to be from 8:20 a.m.- 3:20 p.m. On the first day, kindergarten students will report to the school cafeteria where parents will drop their child off. Students in 1st-6th grade may report to their classrooms beginning at 8:00 AM. Parents will not be able to walk their child into the school or classroom.

Preschool parents and students will report to the preschool on Monday, August 16th for their first day. Morning session will begin at 8:00 a.m. and the afternoon session will begin at 12:00 p.m. If your child has not registered, please call the school office at 782-3535.

BUSING INFORMATION:

Bus routes are in the process of being created. Parents of students who are on country bus routes will be receiving a call from their bus drivers during the first week of August. They will give you approximate pick-up and drop off times for your children. If you are new to the district and desire bus transportation or just have bus questions, please contact Cathy Fick at 402-540-2879.

PHYSICAL EXAMINATIONS AND IMMUNIZATIONS REQUIRED:

Nebraska State law requires that all students entering kindergarten, grade seven and all new students from out-of-state show evidence of having received a physical examination by a qualified physician within six months prior to enrollment. Evidence of this examination must be presented within 30 days of beginning enrollment unless the parent/guardian declares in writing his/her objection to the physical examination. The cost of the examination shall be borne by the parent. All students in grades 7-12 who are out for any kind of sport must show evidence of a physical examination before they may participate in the sport. Physical examination forms are available at the office or on line at www.districtor1.org.

IMMUNIZATION INFORMATION for 2021-22.

Students must show proof of immunization upon enrollment in District OR 1 Public Schools. Any student who does not comply with the immunization requirements will not be permitted to continue in school. Students with medical conditions or sincerely held religious beliefs which do not allow immunizations may complete a waiver statement which is available in school health offices.

Students with a signed waiver statement may be excluded from school in the event of a disease outbreak.

ALLERGIES:

Due to various student allergies, any treats brought into the elementary classroom need to be store bought and individually wrapped with the ingredients clearly labeled. Thank you for your cooperation with this safety/wellness procedure.

The Breakfast Schedule

The Breakfast program will start on Thursday, August 12th. No breakfast will be served on the first day of school.

In order to serve more students in an efficient manner, we are going to have students from elementary and high school eating in both buildings. Breakfast will start at 7:30 a.m. at Palmyra High School and 7:45 a.m. at Bennet for those students who ride the morning bus routes to school. Please note that District OR 1 school buildings open at 7:30 a.m. for HS students and 7:50 a.m. for Elementary Students not in the Rec. Program. Please do not arrive prior to that time.

The Lunch Schedule

Students will be told what time they go to lunch on the first day of school. Both the Bennet Elementary and Palmyra Jr/Sr High School campuses are closed, students may not leave for lunch.

STUDENT RECORD POLICY

District OR-1 Public Schools is required by Federal law to notify parents of students, and eligible students (a student who has attained eighteen years of age), that the school does maintain personally identifiable data on students enrolled in District OR-1 Public Schools. Parents of students and eligible students have the right to inspect and review the educational records of their child or children and to challenge the contents of the records as inaccurate or misleading.

Any parent of a child or an eligible student who is or has been in attendance at District OR-1 Public Schools who desires to inspect and review his/her child's education records should contact either the custodian of records at the school or the office of the superintendent.

Notice is hereby given to parents of students and eligible students that the personally-identifiable information designated by District OR-1 Public Schools as directory information is as follows: the student's name, grade, address, email address, telephone number, date and place of birth, dates of attendance, the image or likeness of students in pictures, video or other film or medium, height, weight, most recent school attended, position in the group, experience in the group, candidacy for graduation, and/or the list of academic and/or activities achievement including, without limitations, honor rolls, scholarships earned, activity honors, and awards earned in connection with current school activities or class work which may be published onto the internet.

Parents of the student, and or eligible student, have the right not to permit the foregoing designation of any, or all, of the categories of personally-identifiable information, with respect to that student, as directory information, by informing District OR-1 Public Schools in writing, within four weeks after the commencement of the school year. If you have questions about the records policy of the school, please contact the office of the Superintendent at 402-780-5327.

PARENT NOTIFICATION OF TEACHER QUALIFICATIONS

School districts that receive Title I funding are required to inform parents they have a right to know the professional qualifications of their children's teacher(s). Therefore, parents in the District OR-1 School District may request to know the qualifications of their child's teacher(s). As a parent, if you would like to receive specific teaching credential information about your child's teacher(s), please contact the office of the Superintendent at 402-780-5327. Please give the office at least five school days to contact you with information about the credentials referenced.

DISCLOSURE OF STUDENT RECRUITING INFORMATION

Federal Law requires schools to provide military recruiters and institutions of higher education access to secondary school students' names, addresses, and telephone listings. Parents and secondary students have the right to request that District OR-1 not provide this information to military recruiters or institutions of higher education, without their prior written parental consent.

FEDERAL HANDICAPPED CHILDREN'S ACT

District OR-1 requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL-94-142 which guarantees a free appropriate educational program for all children between the ages of 0 and 21 years of age). If you have a student or know of any young person with special needs between 0-21 years of age that is not enrolled in an appropriate education program, please contact either school at the numbers listed above.

ANNUAL ASBESTOS NOTIFICATION:

Federal regulations require all schools to inventory Asbestos Containing Materials (AMC) in their buildings and annually inform patrons and employees of the existing management plan.

The plan for District OR-1 is available for inspection to the general public, teachers, and other school personnel. The plan is available for anyone to look at, or if you wish to have a copy, you may have one within 5 days of your request for the cost of duplication.

The plan for District OR-1 has also been submitted to the Nebraska Department of Health, Divisions of Environmental Health & Housing Surveillance, in accordance with Federal Regulations.

NOTICE OF NON-DISCRIMINATION:

NONDISCRIMINATION IN EDUCATION PROGRAMS AND ACTIVITIES

Palmyra District OR1 does not discriminate on the basis of race, color, creed, national origin, sex or gender, disability,

marital status, pregnancy, or childbirth or related medical condition or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Michael Hart, Superintendent, Palmyra District OR1, 425 F Street, Palmyra, NE 68418-0130, (402) 780-5327.



BENNET ELEMENTARY INFORMATION

WELCOME BACK to the 2021-22 school year. This is an exciting time and I am anxious for students to be back in the school for an amazing year! I am looking forward to working with everyone to ensure the children at District OR 1 Bennet Elementary achieve their highest potential.

Bennet Elementary uses a school wide positive behavior plan that allows staff to use common language and consistent expectations within the school environment. The school will continue to follow the 4 B's of Learning: Be an Active Learner, Be Respectful, Be Responsible, and Be Safe. Behavior Matrix's are posted throughout the school that lists specific expectations for behaviors throughout the school day. We believe that children need to learn in a caring and safe environment that is free from distraction and disruption. More information will be handed out at on the first day of school or at open house.

I hope you enjoy the rest of your summer, and I will see everyone in August. If there is anything I can assist you with, please feel free to let me know. Thank you, Linde Walter

CLASS LISTS POSTED:

Class lists will be posted on the windows of the front doors at Palmyra High School and Bennet Elementary on Monday, August 9th after 3:00 p.m. Students and parents may come up to the school and check to see whom their child's teacher will be.

BENNET ELEMENTARY OPEN HOUSE:

Bennet Elementary will be hosting an Open House on Monday, August 9th from 5:30-7:00 PM. Students/families can meet their classroom teacher, bring school supplies, and take a tour of the school.

BEFORE AND AFTER SCHOOL RECREATION PROGRAM:

Bennet Elementary will continue to offer a before and after school recreation program. Starting on Wednesday, August 11th, for a fee, school age children attending Bennet Elementary may take part in this program. There will be a table at Open House on Monday, August 9th for you to register your child. If your child will be attending the before or after school care program, please stop by to register your child.

Times: 7:00-8:20 a.m. and 3:30-5:30 p.m. We will also offer drop-in service for those students that are pre-registered. Students not pre-registered will not be allowed to take part in the program.

Cost: \$3.15/hr per child. Time kept to the nearest 15 min. increment. A minimum of one hour's time will be charged for after school participation.

Payment: Prepayment in blocks of \$25.00 or more. There will also be a \$25 non-refundable registration fee at the beginning of the year.

Supervision: Students will be supervised by at least one

adult. Additional help will be hired if needed so student to supervisor ratio doesn't exceed 15 to 1.



Activities will be offered such as board games, gym games, computer lab time, crafts, and playground



fun. Study time and help for those that desire it will be available also. In addition, students will be offered an after school snack and be eligible for school breakfast in the morning. The cost of breakfast will be additional.

LITTLE PANTHERS PRE-SCHOOL:

Classes for Little Panthers Pre-School will begin on Monday, August 16^{th} . An Open House will be held on Monday, August 9^{th} from 5:30-7:00 PM. The pre-school is for 3 and 4 year old students in the school district. There are four class sessions. Two morning sessions will run from 8:00-11:30 a.m., with two afternoon sessions running from 12:00-3:30 p.m. Each class session will receive a meal and a snack as part of the program. Please contact Bennet Elementary School at 402-782-3535 for more information.



PANTHER ACTIVITIES —by Mr. Hoeft

Activities Calendar

The Activities Calendar for the 2021-22 school year is linkable to Google Calendar starting July 1st by using the school website and clicking on the calendar icon on the main page. At the top of the calendar you can click the "Subscribe" tab to add it to your personal calendar. Another option is to download the "rSchool" app from your app store. Do a search for "Activity Scheduler" and follow the set up options for viewing our school's calendar. Another option is to use the

www.eastcentralnebraskaconf.org link to view the school's events and activities through the summer and next school year.

Sports Physicals

If you are in grades 7-12 and plan to participate in a sport for the upcoming 21-22 school year you must have a current physical on file in the office prior to the first practice that is dated after May 1, 2021. An NSAA permission form is also needed on file prior to the first contest. Both the physical form and NSAA form can be found and printed from the school website under the HS Athletics tab.

Fall Activities

August 9th is the start of all Fall practices. Additional conditioning date and time information will be shared to athletes by their respective coaches.

2021-22 Activity Passes

For those wanting to purchase single or family passes, which are good for all athletic events at the school (exceptions; One Act, Main Stage, District and Conference contests), may do so at the Booster Bash scheduled for August 19th. Otherwise, passes may be purchased in the east downstairs office during school hours. Pass fees are as follows:

Senior Citizen Pass (60+): \$5

Single Pass: \$50 Family Pass: \$125

Regular daily event admission:

JH Contest: Adults \$4, Students (K-12) \$3 HS Contest: Adults \$5, Students (K-12) \$4

Facilities use requests for 2021-22

Facility use requests for youth teams will be accepted starting Monday August 16th. Requests for volleyball and

youth football will be processed first and then basket-ball. Elementary gym requests can be made by emailing walter.lin@districtor1.net. High School gym requests can be made by emailing hoeft.aar@districtor1.net. Gym requests will be processed in the order received based on the email time stamp. Please indicate a first and second choice in your email with your preferred day and time. Due to the large number of requests in the past, teams are limited to one practice slot a week at either the elementary or high school.

Concussion Testing

Any student participating in the following activities for the 2021-22 school year needs an updated concussion test (football, volleyball, basketball, wrestling, cheer). The tests will be given during the following dates and times at the high school in the computer lab. Enter the east doors. Students unable to attend their scheduled time will be able to make up the test when school starts. Please only attend your scheduled time slot due to limited seating.

July 26th-8am Freshmen, 9am Sophomores, 10am Juniors July 27th-8am Seniors, 9am 7th graders, 10am 8th graders.



PLEASE, observe parking restrictions in posted areas at both buildings. NOTE: Bennet's circle drive is restricted between 7:30 a.m. and 8:30 a.m. and between 2:30 p.m.

and 4:15 p.m. Drop-off restrictions of the front driveway at PHS should be observed during those same hours.

Patrons are now able to pay lunch balances when it's most convenient for you with a computer or mobile device at https://districtor1.revtrak.net/. The District OR1 Web Store even integrates with PowerSchool! Save time and be confident that your payments will make it where they need to go. You will be able to pay online with an eCheck, debit card, or credit card. The first step in setting this up, though, is to make sure you can log into PowerSchool to see your student's grades and lunch balance at districtor1.nebps.org. If not, please contact your school's office to request credentials. Bennet Elementary is 402-782-3535 x1 and Palmyra High School is 402-780-5327 x2.

What is New in Math 8?

In Math 8, we have been working on percentages. The class has been finding percent's from decimals and fractions to compound interest. Initially, the students would change percent to fractions, and find the common ones which they will use all the time. For example, the fraction 2/3 is equal to 66 2/3%. The next concept was to estimate with percent's. This concept used previous knowledge of compatible numbers where the students would find numbers which reduced or simplified. An example would be: 45% of 265. Two compatible numbers would be 50% of 270. The process to solve is below.

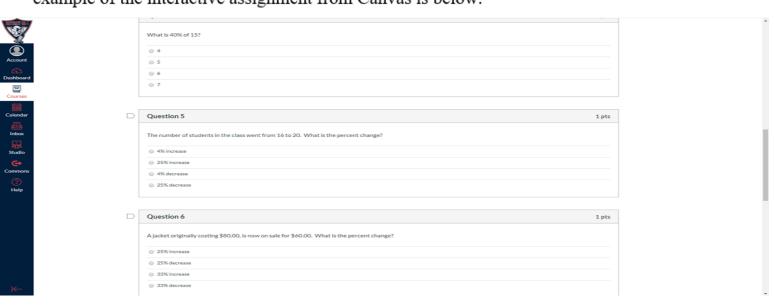
$$\frac{50}{100} * \frac{270}{1} = \frac{5 * 27}{1} = 135.$$

When multiplying fractions which end in zero, the zeros will drop off.

Another concept the students did with percent was to find discounts for sale items, and increases in cost of items. This is a good concept because they will be able to apply it in real life. An example would be to help find 20% off a jacket costing \$60. They would be able to change the 20% to its equivalent fraction of $\frac{1}{5}$ then multiply by \$60. The discount amount is \$12, so they would spend \$48 for the jacket.

The final concept the students found the difference between simple and compound interest. Simple interest is taking the principle * rate as a decimal * time in years. This is different to compound which is taking the principal * rate as a decimal * time which is 1. They then have to find the new amount for however many years they were given. If the time is 3 years, they have to find the new balance 3 different times. In simple interest they only find it once and then the new balance.

When the time comes for the NSCAS test, the class will start to do some review problems which will be set up on Canvas. The assignment will either be interactive like the NSCAS test, or will be a worksheet which the students will use Dochub.com to write or type right on it. An example of the interactive assignment from Canvas is below.



Ag Class/FFA Newsletter Article

The District OR1 agriculture classes and Palmyra FFA Chapter have been quite busy with activities and contests as we move into the final days of the year.

The ag classes at Palmyra have been busy learning, experimenting, and thinking critically about agricultural topics. The junior high classes have been putting lots of focus on vocabulary and hands-on experiences assisting in dissecting fetal pigs and discussing hot topics like GMOs.

The Palmyra FFA has been busy competing and demonstrating their leadership skills this year. In the last few months, Palmyra has competed in several competitions. You may find the results listed below. Congratulations to all competitors!

District Livestock Judging

Jr. High Team: 1st place

Jr. High Individual Placings out of 74

3rd - Gage Bohaty

4th - Erin Chambers

5th - Mya Reynoldson

14th - Evelyn Beccard

17th - Emily Van Meter

41st - David Unruh

Jr. Team Individual Placings out of 82

18th - Jacob Wood

28th - Maddie Busch

53rd - Andrew Schejbal

Sr. Team Individual Placings out of 67

1st - Jami Gabriel

37th - Kylee Kment

District LDE Results Discovery Speaking

Daisa Smidt - District Champion, State Qualifier

Creed Speaking

Jacob Wood – Blue

District Quiz Bowl Results

1st Place Team - Erin Chambers, Emily Van Meter, Da-

vid Unruh, Madison Dvorak

4th Place Team - Daisa Smidt, Evelyn Beccard, Gage

Bohaty, Rylie Walter

Individual Results (out of 31):

1st Erin Chambers

2nd Emily Van Meter

3rd David Unruh

5th Madison Dvorak

6th Daisa Smidt

9th Evelyn Beccard

17th Gage Bohaty

19th Rylie Walter



The staff at District OR1 and Palmyra FFA

appreciates your support

and so does Ms. Truax!

GO PANTHERS!

"A reader lives a thousand lives before he dies. The man who never reads lives only one." ~ George R.R. Martin.

I often hear "I hate reading." from students in my classroom. Reading certain books is part of the curriculum in general education English classrooms but there is a whole world of reading material that may pique your student's interest outside of the classroom.

When a person is asked to pick something to read their instant thought may be of a chapter book but the options include magazines, graphic novels, mechanic manuals, poetry, and news articles. More and more I am seeing complex books made into graphic novels so that students who struggle with reading comprehension can still read an intellectually stimulating book that is appropriate for their grade level. The key is to find something that interests the learner so that the reading can hold their attention for longer than a paragraph.

When I ask students to pick something to read, I want them to find something longer than 1,000 words that centers around a singular topic. The sustained reading helps with brain connectivity, reading fluency, vocabulary, and more. As the summer nears, encourage your child to pick up something to read. –by Mrs. Ferretti



Bennet Elementary Cares!

The Bennet Elementary Caring Project and our District OR 1 Random Acts of Kindness month were both a huge success. Every year in February we pick a caring project to raise money or gather donations to help those in need. This also brings awareness to our students about the needs of others. We try to select a non-profit organization that can use some help. In past years, we have worked with Capital Human Society, Lincoln City Mission, Wounded Warriors and Lincoln Children's Zoo just to name a few. This year we picked the Food Bank of Lincoln and the Palmyra Food Bank at the Lutheran Church.



In Southeast Nebraska there are almost 20,000 children that live in households where they have to skip meals or eat less to make ends meet. This winter has been especially hard for those trying to heat their homes and put food on the table. We hope by having this food drive we helped some families in need all around us. This year we raise enough food to fill 5 food bank barrels! Our Bennet Elementary grand total was 1,023 pounds of food sent to the Lincoln Food Bank. That translates into 853 meals for those in need. There were also 11 large boxes of food and a monetary donation taken to the Western County Food Bank in Palmyra by the 6th grade Student Council. Thanks you District OR 1 community for once again helping our students reach their goals!

Jen Hanger and 6th Grade Student Council

The Bennet BackPack Program has distributed 640 backpacks of food during the 2020-2021 school year. Backpacks go home at the end of each week during the school year. This year the program assisted 16 families with a total of 51 students.

Food for the backpacks is purchased from the Food Bank of Lincoln. The food is delivered to the Bennet



Community Church where it is bagged and delivered to the school each week for distribution. The Bennet BackPack Program also purchases fruit through the school lunch program to be added to the backpacks each week. Twice a month a milk voucher is also included.

As the school year ends plans are being made to offer backpacks through the summer months. Backpacks will be picked up by students in June during summer enrichment. In July and August backpacks will be delivered to participants homes.

The communities surrounding Bennet Elementary have sustained this program for over twelve years! We are grateful for the support of the local churches, community organizations, and individuals who step up to provide financial support for the Bennet BackPack Program. It costs \$250 for a backpack of food for a school year. There will be an extra cost for backpacks this summer. Please donate to the Bennet BackPack Program for the school year and summer programs.

Donations for the Bennet BackPack Program can be sent to Palmyra Presbyterian Church, 1297 G Rd, Palmyra, NE 68418. Make a note in the memo to Bennet BackPack Program. Thank you for your support and help to sustain this worthwhile program!

On another note, all students will need their own headphones, as they will be stored in the homeroom desks of the students. Families can no longer share.

I Wonder Presentation

Bennet Elementary's 2nd grade class had the privilege of receiving a presentation from the Southeast Nebraska Extension Office. Dr. Deb Weitzenkamp zoomed in with our class one afternoon and did a talk/activity on wondering about the world around us. She wrote a children's book all about how important it is to ask questions about the world around us. The book's title is "I Wonder". During the presentation, where we were zooming on our Clear Touch, the students were able to see the presenter as well as our other grade level students. We went through the book and throughout the book the students were able to ask questions and talk about different insects, bugs, and how pollination works. Oftentimes we get stuck in assuming things around us just happen. We don't take the time to think about WHY they happen. Dr. Weitzenkamp helped our students and pushed them to ask those questions. She stressed how important it is to continue to ask those "why" questions in order to understand the complex world around us. The students really enjoyed the presentation and so did their teachers!

-Mrs. Anderjaska (2nd Grade)





6th Mrs. Batman

For the last three weeks 6th grade students have been working on creating historical fiction pieces in our classroom. The students began by selecting a historical setting and then building their story around it. They have worked extremely hard to research the setting and bring in relevant details from their time period to add to their stories. From the Roaring 20s to the aftermath of Hurricane Katrina, students have selected some really interesting topics to center their stories around.

While most writing assignments require a typed up paper as the final draft, I decided to challenge them and have them create children's books. Overall the books turned out fantastic and the effort that they put into their work really showed. We then teamed up with Mrs. Conn's class and headed outside to find the perfect reading spots. My students got to read their final products and show off what they had worked so hard on and Mrs. Conn's 3rd graders got to share some of their writing with us. It was fun to collaborate with another class and take time to appreciate a project we had worked so hard on.



Mark Your Calendars!

August 17

Gather family and friends to enjoy Texas Roadhouse atmosphere and food. District OR1 Foundation for Knowledge will hold its annual Foundation Family Night. The Foundation will receive 10 percent of the total receipt from Panther Supporters between the hours of 4:00 p.m. and 10:00 p.m.

Summer Reading!

Jessica Hinrichsen and Abby Eastep

When your child reads for 20 minutes a day, they will be exposed to 1.8 million words per year. For most parents, it's a challenge to keep kids reading and writing all summer. With summer break approaching, it is important to remember the benefits of summer reading. Research suggests, it is estimated that during summer break, the average student will lose up to one month or more of instruction. Helping our learners get their hands on literacy activities during the summer is key. The following is a list of ideas from the Reading Rockets website to help support student reading and writing throughout the summer.

The Summer Reading Challenge from the Reading Rockets website (readingrockets.org and startwithabook.org):

Investigate your public library's summer reading program.

Most libraries offer a special program or two during the summer, these often include activities for kids, reading challenges, and crafts. Most are free of

charge.

Palmyra Memorial Library (402)-780-5344 Lincoln City Libraries (402) 441-8580

Extend your reading circle.

We often find ourselves checking out the same types of books over and over again. This week's challenge is to bring a new type of book into the house. Consider fantasy or science fiction, historical fiction, poetry, biography, or an informational book.



Listen up!

Audiobooks are a great way to engage

readers and can introduce students to books above their reading level. Many libraries have audiobooks available for checkout, and an Internet search can turn up several sites, including learnwithhomer.com, that offer free or free trials of audio books for children.

Make vour own audio book!

Most phones and computers have simple recording apps on them which are perfect for making homemade audio-books! Have your child make up a story, or reread a favorite loved book. The recordings will be priceless!

Go wordless.

Wordless picture books are told entirely through their illustrations — they are books without words, or sometimes just a few words. Grab a few wordless books the next time you're at the library and have fun "reading" different versions of the same story. The language and the conversation will inspire you!

Point, shoot, and write.

Most families have access to a digital camera, iPad or camera phone. Snap some photos and then encourage your child to write a silly caption for each photo or use pictures to tell a story. Not feeling that ambitious? Cut out some pictures from a magazine or the newspaper and have your child write original captions for those.

Mix up the media.

Your child has read every Clifford book on the shelf, but has she heard Clifford author Norman Bridwell talk about writing? Explore author interviews from over 100 authors on Reading Rockets Author Interview page. Bet you can't watch just one.

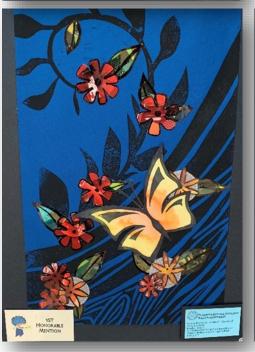
Write it down.

Encourage your child to keep a simple journal or summer diary. Track interesting things like the number of fireflies seen in one minute, the number of mosquito bites on a leg, or the different types of food that can go on the grill. Have your child document the weather each day or write a few sentences about what they did. Each entry is a chance to be creative!



2021 ECNC ART SHOW

In recognition of Youth Art Month, the annual ECNC Art Show was held through the month of March at the downtown Wells Fargo in Lincoln. Each participating school displayed its ten best 2-D and 3-D pieces from all high school classes. Students representing Palmyra this year included McKenzie Ansbach, Alizae Martinez, Rylie Hale-Keller, Elli Jung, and Charlee Luff. All selections were judged by the participating art teachers. Taking the Gold-Medal Award from Palmyra was Elli Jung with her Impressionist koi fish painting. Others receiving recognition include McKenzie Ansbach 1st Honorable Mention with her butterfly collage, Alizae Martinez 2nd Honorable Mention with her pencil drawing, and Rylie Hale-Keller 3rd Honorable Mention with her Impressionist sunflower painting. By Ms.Swartzendruber







Building personal responsibility –Mr. Weils

In the resource room, students are learning how to become better self-advocates through a release of responsibility framework. The release of responsibility framework is to provide appropriate instruction and to move students towards independence.

Students often expect teachers to get them to come in after school or during study hall to make up assignments or tests. That's how it should be in the early years, but as students age and mature they need to be able to speak up for their needs.

During junior high, a student in my room will have me as an equal partner in their learning. This means I will remind them to ask about retakes and missing assignments, and checking with teachers to make sure the students scheduled a time to complete their assignments. This holds the students accountable but still ensures they get the retake or make-up assignment completed.

As the students get into high school they are expected to become their own advocates even more. How we get to that point involves teaching students how to log in to PowerSchool, find missing grades, strategies to talk to teachers in person or email, and plans for how to keep track of missing work. The goal for high school students is to be prepared for what comes after high school. My high school students are taught that a job isn't going to be the one reminding you of things constantly, you as the employee need to be responsible for getting things done in a timely manner. For students who go on to college or trade school, most professors won't care if you turn stuff in because you pay to be in the class.

It's a process but by the end, students are able to talk with teachers and advocate for themselves without the need for my involvement. This allows for the time in my room to be spent bridging gaps and greater academic achievement.

Everyone could benefit from reviewing and practicing their math skills. Summertime is a great time to keep reviewing your math concepts. Below you will find a list of easy games that you can do with little or no materials. They will benefit your student as well as yourself and it will keep them entertained throughout the summer!

Grocery Shopping Games

- 1. <u>Count the items in your cart</u>: This would be especially for those younger children. Based off of the number of the items you can have them determine if you can use the "express lane" or not. You might also tell them how many items you are going to go in for and then count how many you actually place in your cart and leave with. They can calculate the difference.
- 2. <u>Price is right</u>: Have your child guess the prices of the items on your list before going and compare to the actual cost. This will give them a realist view of how much daily items do cost.
- 3. <u>Running Total</u>: Keep a running total in your head (mental math) as you place items in your cart and before you check out, everyone must say their total. Compare that total with the actual one and see who came the closest to the actual one.
- 4. Best Buy: Compare items to see which is the best buy and let your child make the choice of the better buy.
- 5. <u>Serving Size</u>: Calculate how much you will need of a given item for each person in your family. For example, if the box contains 10 packages, how many will each person get if there are 5 people in your family.
- 6. <u>Beat the clock</u>: If you have only a few items, see how fast you can be in and out of the store to get the item. You could even guess how much time it will take and see if you can beat that time.
- 7. <u>Read the label/read the aisle contents</u>: Put your child in charge of finding certain items and have them use the signs in the grocery store to find them (this is good practice of using part of the book like a Table of Contents or an Index)
- 8. Scavenger hunt: Have your child find items that are a certain color, number, or with a certain word on them
- 9. <u>Allowance</u> give your child a certain amount of change/money for a "snack" and they have to find one that they will be able to "buy" themselves.

<u>Guess the weight of the fruit</u>: Have your child guess the entire weight or weigh one item and calculate how much a certain number of them would be.

Dice/Card games

- 1. <u>Highest number</u>- each person rolls the dice to see who got the highest number. The dice can then be put in order from lowest to highest or highest to lowest. You can also do this with cards by simply drawing a card.
- 2. <u>Adding on</u> Each person rolls two number cubes or draws two cards and adds them together. You can continue adding cards or number cubes.
- 3. <u>War</u> divide the deck evenly between all players. Keep the pile faced down, each player takes the top card and flips it over. The one with the highest gets to take all of the cards. If there is the same number, then each player takes two cards off the top of their deck, leaves them face down, and then takes a third and places it face up. The one with the highest takes ALL of the cards played. Keep playing until someone has all of the cards in the deck.
- 4. <u>Place Value</u> Place two or more cards next to each other and practice reading the number. For example: card 2, card 5 would be twenty-five
 - <u>Multiplying on</u> use number cubes or cards and have them multiply the two numbers. Increased difficulty you could switch between adding and multiplying. —By Mrs. Jen Whyman and Ms. Karen Redd

First Graders Get a "Tree-t"

Every year the first graders are lucky enough to participate in the NRD's Plant a Tree Program. Jane Kuhl comes out to the school to discuss trees. She talks to the students about how to plant trees and how to care for them. Besides talking about trees, she also brings tree seedlings for all the first graders to take home to plant at their house. This year, the NRD will deliver a total of 675 trees to children at 13 different schools. We feel very lucky to be included in this program and give our students an opportunity to plant a tree and help our environment.



First Graders: Were Poppin' to Learn About Adjectives By Lisa Dowding

Sizzling, yummy, salty, popping, fluffy, white, and delicious were just a few of the adjectives that were POPPIN' around the first grade classrooms during their introduction to adjectives lesson. To kick off our study of adjectives, we brought in two stir crazy popcorn poppers and made some popcorn. The students used their five senses to describe what they heard, saw, smelled, felt, and of course tasted. In the beginning we used our sense of seeing and hearing to describe the kernels before popping and used our ears to listen while it was popping. Then we asked, what do you smell? Students provided us so many great adjectives like amazing, buttery, salty, oily, and scrumptious just to name a few. Once it was done popping we used our sense of sight again to look at how the kernels had changed and also used our sense of



touch to feel the kernels. We brainstormed more describing words. Our final sense was taste, this was the one everyone had been waiting for. Oh after that first taste, hands went flying up to share even more adjectives. Adjectives POP up everywhere and if you ask a first they should be able tell you what they are!







Busing Newsletter: by Cathy Fick

Please read this section carefully as times have been adjusted.

Morning bus times leaving from Bennet to Palmyra are as follows: 7:35am, 7:40am and 7:45am. Students wanting to eat breakfast will need to load the 7:35am and 7:40am buses. The 7:45am bus shuttle will not have time to eat breakfast.

Any elementary student who is dropped off at the high school in the morning will load the 7:45am or 7:50am shuttle bus and eat breakfast in Bennet.



Bus Reminders:

- 1. No food is allowed to be eaten on the bus. Any food or snacks need to stay in your child's backpack.
- 2. If your child is not going to be riding the bus or has bus changes, you need to contact Cathy Fick by texting or phone.
- 3. Bus drivers are only allowed to wait one minute for your child. If after one minute the bus will need to leave in order to stay on scheduled times.
- 4. Students need to remain seated on the bus at all times.
- 5. Refer to the Elementary and High School Handbook for more busing information rules and procedures.

If you have bus questions please call Cathy at 402-540-2879.

Bennet Elementary School Supply List (all students need a Book Bag, Gym Shoes and Headphones)

Class		
Kindergarten	Must Have 1 large backpack (big enough to hold a large size library book) 12 large glue sticks 2 inch 3 ring binder with clear sleeve pocket on front cover Box of 24 crayons	May Not Bring scissors pencil sharpener markers
First Grade	12 Large glue sticks Small, plastic pencil box Box of 24 crayons #2 pencils (a package of 12) 4 black fine tip dry erase markers 4 pink erasers	pencil sharpeners
Second Grade	#2 yellow pencils (a package of 12) 12 Crayola Classic Washable markers Box of 8 crayons 2 Spiral wide rule notebook 1 pack of skinny dry erase markers Small plastic crayon box (5 ½ x 8) 2 Pink Erasers	pencil sharpeners mechanical pencils
Third Grade	Small plastic pencil box (5.5.x 8 inch) Mechanical Pencils (1 pack 0.7 mm) Pencil Lead Refills (0.7 mm) Box of 24 crayons 2 Large erasers 2- Spiral 1 subject notebooks (College Ruled) Scissors 1 inch 3 ring binder w/ clear front	large pencil boxes markers pencil sharpeners
Fourth Grade	#2 pencils 1 Spiral Notebook 1 100 page composition notebook (wide ruled) 1 Pkg. Wide Ruled notebook paper 1 pack of 5 tab dividers for binders 1- 1 inch 3 ring binder w/ clear front 1- 2 inch 3 ring binder w/clear front 1 package of highlighters 1 package of 12 markers 2 Large Glue sticks Box of 24 crayons Clorox Wipes	gel pens/ multicolored no toys pencil boxes over 8x10
Fifth Grade	#2 pencils (a package of 24) White board eraser Dry erase markers 1 Pkg. of wide ruled notebook paper	large pencil boxes multicolored pens no toys
Sixth Grade	# 2 pencils Small pencil box 2 Spiral notebooks Two pocket folder Crayola Washable markers 1 pack of Dry erase markers Calculator (Optional)	gel/multicolored pens large pencil boxes no toys

All students need to have their own headphones.



Palmyra District OR-1

Report It

SafeSchools Alert is our district's tip reporting service. If you have information about a threat to our safety, do your part and report it! And remember, you can remain anonymous.

SUBMIT USING OUR APP







FOR EMERGENCIES, PLEASE CALL 911

EASY WAYS TO REPORT



Visit the website http://1795.alert1.us



Email your Tip to 1795@alert1.us



Call to report your tip 402.858.9423



Text your Tip to 402.858.9423

REPORT ON:



- INTIMIDATION

HARASSMENT

- DRUGS

- OTHER



Our District Code is: 1795



PALMYRA PUBLIC SCHOOLS FOOD AND NUTRITION SERVICES

New Programs from Food & Nutrition Services!



District OR1 created a team to research and implement a plan to better ensure food and nutrition information is available to our students, as we continue to be dedicated to students' health, well-being, and their ability to learn. As a result, we are creating a web portal to keep the information needed to empower our students to take the lead to develop healthy Nutrition and Fitness practices for life. Check out our district's

interactive and user friendly School Nutrition website at **www.DistrictOR1nutrition.org** and learn how you can eat right and stay fit! **Scan QR Code at left for School Nutrition Website...**

Good nutrition leads to great academic performance. When your nutritional needs are met, it is easier to focus and learn. When you are physically fit, you are more alert, more positive and enjoy a better quality of life. Combine good nutrition with physical activity and you will have a winning combination to succeed in school.

Food and Nutrition Director Karen Skinner and her team are *Educating and Inspiring Excellence* for our students by promoting health and fitness as well as our district's Wellness Policy. Along with information about meal components, menus, and meal applications, you will find interactive nutrition lesson plans, nutrition videos, nutrition games, fitness calculators, fun activities, and healthy recipes...and it is all updated quarterly!

Now Nutrition Information right from our menus is a cinch! Hovering over menu items reveals an individual item's nutritional information, allergens, and allows students to rate menu items... our goal is a 5 Star rating for our 5 star meals focused on meeting and exceeding USDA guidelines.

Check out nutritional information and our School Nutrition Mobile App on the go!

Download our NEW- FREE Mobile App for Interactive Nutritional Menus at your fingertips and more!











Type II Diabetes and other health concerns are on the rise and are directly related to poor eating habits and lack of exercise. Learn what you should be doing about it on our website or check out parent newsletters, nutritional information, and more on our Mobile App!

At District OR-1 Palmyra Public Schools it is *Cool to Eat at School* and School Nutrition Services is committed to helping you form the healthy habits today that will last a lifetime!

GO PANTHERS!

FUNDRAISING MIGHT



Foundation For Knowledge Tuesday, August 17 4PM - 10PM

10% Donation Night

Support this cause by presenting this invitation to the listed Texas Roadhouse® location and Texas Roadhouse® will donate 10% of your total food purchases to the fundraiser!



(402) 420-0155

6301 Apple's Way

	DISTRICT	R-1 PUBLIC SCHOOL CALENDAR: 2021-2	022
August 2021	DISTRICTO	August 2021	January 2022
SU M T W TH F SA	9-Aug	Start of Fall Practice	SU M T W TH F SA
1 2 3 4 5 6 7	9-Aug	Faculty Inservice-8:00-4:00	30 W 1 W 111 1 3A
8 9 10 11 12 13 14	10-Aug	Teacher Workday	2 3 4 5 6 7 8
15 16 17 18 19 20 21	11-Aug	First Day of School for Students	9 10 11 12 13 14 15
22 23 24 25 26 27 28	11.7.49	That Buy or Corrow for Citatories	16 17 18 19 20 21 22
29 30 31	1	September 2021	23 24 25 26 27 28 29
Notes:	6-Sep	NO SCHOOL -Labor Day	30 31
A000000.5 (2000000000000000000000000000000000000	21-Sep	Dismiss @ 1:30 P.M. P-T conf. 2:00-8:00 P.M.	Notes:
	22.Sept	Collab. PD/WD -No school for students	
September 2021		October 2021	February 2022
SU M T W TH F SA	15-Oct	End of First quarter	SU M T W TH F SA
1 2 3 4	18-Oct	Start 2nd Quarter	1 2 3 4 5
5 6 7 8 9 10 11	22-Oct	Fall Break; NO SCHOOL	6 7 8 9 10 11 12
12 13 14 15 16 17 18			13 14 15 16 17 18 19
19 20 21 22 23 24 25		November 2021	20 21 22 23 24 25 26
26 27 28 29 30	15-Nov	Start Winter Practice	27 28
Notes:	16-Nov	Collab. PD/WD: One Act Host	Notes:
	24-Nov	NO SCHOOL Thanksgiving Break	
October 2021	25-Nov	NO SCHOOL Thanksgiving Break	March 2022
SU M T W TH F SA	26-Nov	NO SCHOOL Thanksgiving Break	SU M T W TH F SA
1 2	1200 120	December 2021	1 2 3 4 5
3 4 5 6 7 8 9	21-Dec	End of Second Quarter	6 7 8 9 10 11 12
10 11 12 13 14 15 16	22-Dec	Winter Vacation December 23-January 6	13 14 15 16 17 18 19
17 18 19 20 21 22 23	22-28-Dec	Five day moratorium period est. by NSAA	20 21 22 23 24 25 26
24 25 26 27 28 29 30 31	l	January 2022	27 28 29 30 31
Notes:	3-4-Jan	January 2022 Winter Vacation	Notes:
Wolcos.	4-Jan	Collab. PDWD -No school for students	
	5-Jan	School Resumes, Start 3rd Quarter	
November 2021	17-Jan	Martin Luther King Day: No School	April 2022
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Reese Calkins



Daniel Frey



Caleb Jung



Michael Bogart



Austin David



Jami Gabriel



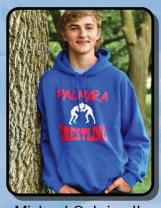
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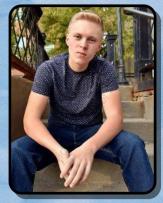
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